

Appendix B (ii) (b) - Budget setting and cost savings for Public Health 2019/20.

Programme Area/Service	Proposed approach	Saving Allocation	Progress and any Mitigation
1. NHS Health Checks Community-based provision and GP/Pharmacy contracts	The NHS Health Checks have been re-procured	£45,000	<p>As the provision of NHS Health Checks is a mandated service for Hull City Council (HCC), new contracts have been awarded but with a more targeted approach, and with a changed payment model. These contracts started part year 2018/19 full savings will be achieved in 2019/20.</p> <p>The community element allows very specific targeting of those populations that would benefit most from a Health Check and responds to diverse need. Some element of Primary Care provision will be explored in new provision but there is reduced demand in Pharmacy settings and there has been a reduced number of GP Practices delivering the Health Checks.</p> <p>Plans and saving forecasts on track.</p>
2. Tobacco Control: Smoke free Hull service	<p>Re-procure the stop smoking service in line with recommendations from recent CLEAR peer review and target most deprived communities at the end of the existing contract in September 2019, but this will not result in cost savings.</p> <p>Cost reductions from Nicotine Replacement Therapy (NRT) budget have been embedded part year 2018/19, so further savings due 21019/20</p>	£25,000	<p>As a result of the use of the increased use of e-cigarettes in support of quits and an assessment of the current use of NRT it has been judged that NRT costs can be rationalised.</p> <p>The Smoke free Hull service is once element of the wider approach to Tobacco Control in Hull which also includes substantial investment and work to tackle illicit supplies of tobacco, regulate and enforce legislation regarding sales of tobacco and smoke-free environments, marketing and health promotion, and community-based approaches.</p> <p>Plans and saving forecasts on track.</p>
3. Sexual Health: Sexual Health open Access Service Sexual Health Prevention Services	<p>Reprocurement of a new sexual health clinical service which will be at the same cost id in place and a new prevention service with reduced costs.</p> <p>The adult or young people's Sexual Health prevention services are being separately procured.</p> <p>The new contracts will start in 2019/20</p>	£225,000	<p>Sexual health advice and prevention is not a mandated element of sexual health services so is the target of cost reduction. There are a range of mitigations for the proposed reduction in commissioned sexual health prevention activity through public health and areas of existing services where it is anticipated there can be more efficient joint-working and targeting of resource.</p> <p>There are a range of services locally that provide sexual health promotion to young people, including the targeted youth service commissioned by HCC that has elements of duplication in relation to sexual health advice with the existing young people's sexual health promotion service. There is a Targeted Pregnancy Service which supports young people at risk of pregnancy. This service sees a considerable number of young people. Part of the current young people's service is supporting sex education in schools. From 2019 there will be a statutory requirement for school to provide Sex and Relationship Education. The Public Health 0-19 service, Refresh and Youth Service can provide advice to young people, and would target the same group of young people with risk taking behaviours.</p> <p>Initial procurement was unsuccessful, revised approach to deliver saving forecasts on track</p>
4. Drugs/Alcohol: Drug and Alcohol Prevention and Treatment services:	<p>A new service has been re-procured, with in line with CQC recommendations and to maintain and build on strengths and progress of the current service-model. Contacts went live in October 2018.</p> <p>Currently the contracts are split into a criminal justice and a community service but are both delivered by the same provider.</p> <p>Diversion from hospital and police custody as early Intervention pathways to be built in and, and non-targeted early intervention and outreach removed potentially removed</p>	£272,000	<p>The Local Authority has a statutory responsibility to tackle substance misuse through the Community Safety Act.</p> <p>The new service model attempts to maintain a reasonable response to treatment needs, but with a greater focus on tackling alcohol dependency within the reduced budget envelope.</p> <p>The new model encompasses drug costs and the costs incurred though supervision of controlled drugs to create cost efficiencies.</p> <p>Plans and saving forecasts on track.</p>

Appendix B (ii) (b) - Budget setting and cost savings for Public Health 2019/20.

5. Healthy Weight: Whole school nutrition project	Do not re-procure when contract ends January 2019.	£45,000	<p>The contract was always intended to provide temporary support to schools to develop whole school approaches with the intention that the work then be continued by schools, and evidence of its effectiveness is that it could become sustainable without additional funding.</p> <p>The development of the Sustainable Food Cities partnership in Hull will provide a framework and support for this area of work.</p> <p>This is one element of a broader programme of activity to improve healthy eating and nutrition in Hull.</p> <p>Plans and saving forecasts on track.</p>
6. Healthy Weight: Tier-2 Weight Management services	<p>Do not re-procure adult weight management service when contract ends September 2018.</p> <p>Do not re-procure family weight management service when contracts end December 2018</p> <p>.</p>	£200,000	<p>Although tier-2 weight management services are successful in supporting some people to alter their behaviours and lose weight, in practice only approximately 4% of overweight people engage with the service and referrals are low. It is considered that weight management support and approaches to reducing the rates of people that are overweight and obese can be undertaken effectively through alternative approaches.</p> <p>The Healthy Lifestyle Team within HCC is funded to deliver health eating and physical activity interventions to support weight management; the Public Health 0-19 service is available to support young people to make healthy eating choices and weigh and measure all children through the National Child Measurement Programme (NCMP); and the Social Prescribing Service will support adults to access a range of local opportunities.</p> <p>A whole system approach to obesity is now being adopted which looks at a range of population level approaches which can impact on people's lifestyles to support healthy weight.</p> <p>Plans and saving forecasts on track.</p>
7. 0/19 Public Health Nursing	Contract review underway, to identify further areas of efficiencies	£80,000	<p>Ongoing and will come into effect in 2019/20</p> <p>Plans and saving forecasts on track.</p>
8. Small non recurrent health promotion activity including accident prevention schemes, events, oral health activity	End all discrete health promotion activity including events	£134,000	<p>Plans to end these have been introduced in 2018/18, and where possible they have been mainstreamed, considered as part of integrated working, or ended.</p> <p>Plans and saving forecasts on track.</p>
9. End all separate property contributions connected to smoking and weight management activity	End all additional property contributions to NHS estates that are not explicitly included within contracts.	£60,000	<p>Plans and saving forecasts on track.</p>
Total		£1,086,000	