

Appendix B (ii) Budget setting proposals for Public Health 2018/19 – 2019/20.

Programme Area/Service	Proposed approach	Proposed Budget Allocation	Rationale and Mitigation
1. NHS Health Checks Community-based provision and GP/Pharmacy contracts	<p>Extend all existing provision for 6 months when contracts end on 31st March 2018.</p> <p>Remodel and re-procure all provision when the proposed contract extension ends on 30th September 2018.</p> <p>The net budget will be reduced by £90k.</p> <p>Further consultation will be undertaken and further detail provided during 2018, prior to a decision to a formal decision to proceed to procurement.</p>	<p>Existing Budget: £150,000</p> <p>Proposed Budget 2019/20: £60,000</p>	<p>As the provision of NHS Health Checks is a mandated service for Hull City Council (HCC), it is considered appropriate to extend all existing for 6 months to focus on the model going forward. The community element allows very specific targeting of those populations that would benefit most from a Health Check and responds to diverse need. Some element of Primary Care provision will be explored in new provision but there is reduced demand in Pharmacy settings and there has been a reduced number of GP Practices delivering the Health Checks.</p>
2. Tobacco Control: Smokefree Hull service	<p>Remodel and re-procure the service in line with recommendations from recent CLEAR peer review and target most deprived communities at the end of the existing contract in September 2019. Cost reductions from Nicotine Replacement Therapy (NRT) budget.</p> <p>Further consultation will be undertaken and further detail provided during 2018, prior to a decision to a formal decision to proceed to procurement.</p>	<p>Existing Budget: £590,000</p> <p>Proposed budget: 2019/20 £540,000</p>	<p>Smoking rates are falling in Hull and the service is continuing to perform well, however smoking rates continue to be higher than national/regional rates and are the biggest cause of poor health and people dying early. The proposal is therefore to continue to commission the Smokefree Hull service, targeted at those that need it most, with a minimal change in value.</p> <p>As a result of the use of the increased use of e-cigarettes in support of quits and an assessment of the current use of NRT it has been judged that NRT costs can be rationalised.</p> <p>The Smokefree Hull service is once element of the wider approach to Tobacco Control in Hull which also includes substantial investment and work to tackle illicit supplies of tobacco, regulate and enforce legislation regarding sales of tobacco and smoke-free environments, marketing and health promotion, and community-based approaches.</p>
3. Sexual Health: Sexual Health open Access Service Sexual Health Prevention Services	<p>Remodel and re-procure the clinical service, to be as integrated as possible with the CCG commissioned sexual health provision.</p> <p>Include some elements of prevention, to mitigate some of the risks around vulnerable groups.</p> <p>Do not re-procure the adult or young people's Sexual Health prevention services separately when current contracts end in December 2018.</p> <p>Further consultation will be undertaken and further detail provided during 2018, prior to a decision to a formal decision to proceed to procurement.</p>	<p>Existing Budget: £3,170,000</p> <p>Proposed Budget 2019/20: £2,850,000</p>	<p>The provision of clinical, open-access sexual health services (i.e. offering contraception, STI testing and treatment) is a mandated responsibility for HCC. Currently HCC commission a clinical open-access service (£2,420k) and a separate young people's and an adult's sexual health promotion services (total £750k).</p> <p>It is proposed to remodel and re-procure sexual health services at the end of the current contracts as a single integrated service (i.e. not having separate sexual health promotion contracts).</p> <p>The current clinical service is performing well and engaged with 30,000 residents in 2016/17. The service provides key input and support into other programmes such as Pause.</p> <p>Sexual health advice and prevention is not a mandated element of sexual health services, however is critically important. Procuring an integrated service is considered to be the most appropriate and effective approach going forward. While it is intended to include some sexual health promotion/prevention in the integrated contract, there will be a reduction in this provision as a result of the net budget reduction and continuing levels of clinical demand. There are a range of mitigations for the proposed reduction in commissioned sexual health prevention activity through public health and areas of existing services where it is anticipated there can be more efficient joint-working and targeting of resource.</p> <p>There are a range of services locally that provide sexual health promotion to young people, including the targeted youth service commissioned by HCC that has elements of duplication in relation to sexual health advice with the existing young people's sexual health promotion service. There is a Targeted Pregnancy Service which supports young people at risk of pregnancy. This service sees a considerable number of young people. Part of the current young people's service is supporting sex education in schools. From 2019 there will be a statutory requirement for school to provide Sex and Relationship Education. The Public Health 0-19 service, Refresh and Youth Service can provide advice to young people, and would target the same group of young people with risk taking behaviours.</p> <p>There are increased risks in relation to the adult's sexual health promotion service, which saw over 11,000 individuals in 2016. There are no services which would have the same level of contact. Further</p>

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			provision for testing will be factored into clinical service and other behaviour change services.
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4.1. Drugs/Alcohol: Pharmacy Contracts for Needle Exchange (Various)	Re-procure with pharmacies to provide information, advice and free injecting equipment for people who inject drugs (Steroids/Amphetamine/Heroin) but do not engage in treatment.	Existing budget: £135,000 Proposed budget 2019/20: £135,000* * Net reduction in Drugs/Alcohol budget: £500,000	This provision is important to prevent wide scale spread of HIV and Hepatitis amongst IV drug users. It is also important to ensure used injecting equipment and needles are not left in communities. The service provides harm reduction advice and equipment to hard to reach groups, often not in contact with other services.
4.2. Drugs/Alcohol: Drug and Alcohol Prevention and Treatment services: Criminal Justice Early Intervention, treatment, family support and aftercare. Community Early Intervention, treatment, family support and aftercare	Remodel and re-procure drug and alcohol prevention and treatment as one integrated service, in line with CQC recommendations and to maintain and build on strengths and progress of the current service-model. Currently the contracts are split into a criminal justice and a community service but are both delivered by the same provider. Diversion from hospital and police custody as early Intervention pathways to be built in and dedicated family workers, and non-targeted early intervention potentially removed Dispensing/ prescribing and supervised consumption responsibility to be embedded into delivery model. While there is a proposed increase in the budget for this element of the services (as a result of the increased requirements regarding supervised consumption etc), the net impact is a proposed reduction of £500k across all drug and alcohol services. Further consultation will be undertaken and further detail provided prior to a decision to a formal decision to proceed to procurement.	Existing Budget: £4,640,000 Proposed Budget 2019/20: £4,880,000 (which includes an additional £240,000 for supervised consumption)*	The Local Authority has a statutory responsibility to tackle substance misuse through the Community Safety Act. The current service model showing good results in performance and outcomes, above the national position, however evidence shows that opportunistic intervention has not been as successful as targeted intervention. . Dedicated family worker posts haven't been fully utilised. Greater flexibility will help support existing cost savings, and allow the service to provide support to the new Early Help and Safeguarding Hub (EHaSH) and projects such as Pause. The proposal provides an opportunity to develop the integrated delivery model with: <ul style="list-style-type: none"> CCG to improve pathways for mental health, and other health conditions, continue to work with service provider to develop approach to targeted intervention and pathways in hospital prior to end of contract. CCG, service provider and Humber to embed a joint approach to managing clients with mental health and drug and alcohol problems. CCG and Police and Crime Commissioner (PCC) to establish key requirements, and integrated commissioning opportunities, within agreed budget.
4.3. Drugs/Alcohol: Substance Misuse Treatment – long term support	Remodel and re-procure 'long term support' service as a primary care led model, but with reduced costs to reflect limited requirement for psychosocial support, and clinical appointments every 12 weeks. Include all dispensing, prescribing and supervised consumption costs. Further consultation will be undertaken and further detail provided prior to a decision to a formal decision to proceed to procurement.	Existing Budget: £880,000 Proposed Budget: 2019/20: £580,000*	Local Authorities have a statutory responsibility to tackle substance misuse through the Community Safety Act. Hull has large number of vulnerable people on long term methadone scripts, who are not likely to become drug free, and will remain stable if on a long term prescription. Clinical guidance suggests that stable clients who have been in treatment for years can be managed safely in this model – key will be to work with existing provider prior to contract end to ensure that only safe clients are left in this

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			<p>element of the service.</p> <p>Mitigating the risk will require the new specification to include testing and management of clients who relapse into illicit use and giving as much information and notice on the new model requirements to allow for phased reduction in staff.</p>
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4.4. Drugs/Alcohol: Pharmacy Contracts for supervised consumption of Methadone or Buprenorphine (Various)	<p>End all existing contracts at the end March 2018, and add requirement for supervised consumption into mainstream substance misuse contracts (as described above).</p> <p>Further consultation will be undertaken and further detail provided prior to a decision to a formal decision to proceed to procurement.</p>	<p>Existing Budget: £422,000</p> <p>Proposed Budget 2019/20: £0*</p>	<p>Supervised consumption is not a required mandated element but is detailed in national clinical guidance.</p> <p>There is no evidence of an illicit methadone market demonstrated through local intelligence. Use of supervised consumption locally currently does not mirror national clinical guidance.</p> <p>The development of an integrated service may allow the service to flex more when responding to any outbreaks.</p> <p>It is proposed that the clinical service specification includes a requirement effectively risk manage the most vulnerable clients.</p>
5. Healthy Weight: Whole school nutrition project	<p>Do not re-procure when contract ends January 2019.</p>	<p>Existing Budget: £65,000</p> <p>Proposed budget: 2019/20 £0</p>	<p>The contract was always intended to provide some temporary support to schools to develop whole school approaches with the intention that the work then be continued by schools and other partners.</p> <p>The development of the Sustainable Food Cities partnership in Hull will provide a framework and support for this area of work.</p> <p>This is one element of a broader programme of activity to improve healthy eating and nutrition in Hull.</p>
6. Healthy Weight: Tier-2 Weight Management services	<p>Do not re-procure adult weight management service when contract ends September 2018.</p> <p>Do not re-procure family weight management service when contracts end December 2018</p> <p>.</p>	<p>Existing Budget: £400,000</p> <p>Proposed budget 2019/20: £0</p>	<p>Tier-2 weight management services are open-access, targeted services to support people to lose weight and are the responsibility of local authorities. In addition, for people with a more serious problem in losing weight, the NHS provides a clinical, multi-disciplinary tier-3 weight management service.</p> <p>Although tier-2 weight management services are successful in supporting some people to alter their behaviours and lose weight, in practice only approximately 4% of overweight people engage with the service and referrals are low. It is considered that weight management support and approaches to reducing the rates of people that are overweight and obese can be undertaken effectively through alternative approaches.</p> <p>The Healthy Lifestyle Team within HCC is funded to deliver health eating and physical activity interventions to support weight management; the Public Health 0-19 service is available to support young people to make healthy eating choices and weigh and measure all children through the National Child Measurement Programme (NCMP); and the Social Prescribing Service will support adults to access a range of local opportunities. There are a wide range of 'tier-2' services that people can be supported to access themselves e.g. Weight Watchers.</p> <p>There is a considerable amount of work undertaken through HCC and Hull Culture and Leisure (HCaL) to support people to maintain a healthy weight including measures in the Local Plan and Housing</p>

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			Strategy; the Open Spaces Strategy; investment in sport and leisure through HCaL; and the subsidy of school meals to 50p. Public Health are working across HCC and with other local partners to development and strengthen a more joined-up and 'system-wide' approach to supporting people to eat healthily and be physically active.
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7. Community/ Early Intervention: Social Prescribing funding and community grants.	Do not fund after 2017/18 commitments	Existing Budget £125,000 Proposed Budget 2019/20: £0	<p>The contribution from Public Health was a one-year commitment towards the 'additional funding pot' within the Social Prescribing Programme and is not part of the services core funding.</p> <p>This proposal does not impact the £800k of PH Grant funding for Social Prescribing through the BCF. The sustainability of the programme and the partnership work between the Voluntary and Community Sector, CCG, Adult Social Care and Public Health.</p> <p>There continues to also be a range of other community development work undertaken in partnership with CCG, Housing and Regeneration.</p>
8. Best Start in Life: Doula and Breast Feeding Support	Do not re-procure service when contract ends August 2018.	Existing Budget: £160,000 Proposed budget: 2019/20 £154,000	<p>In the context of the reductions that need to be made in Public Health commissioning, it is proposed that support to pregnant women and support with infant feeding (including breast feeding) is focussed through the maternity services (including antenatal classes), Health Visitors (as part of the Public Health 0-19 Service) and Children's Centres. Hull has UNICEF Baby Friendly Initiative (BFI) accreditation which provides a structure, framework and level of assurance regarding the provision provided through these mainstream services.</p> <p>The new vulnerable pregnancy pathway developed locally will identify vulnerable women that are pregnant and provide targeted support, including breastfeeding support.</p> <p>The proposal to cease this contract does not exclude the development of alternative models of peer support programmes for pregnant and breast feeding women and their partners.</p>
9. CYP/Domestic Abuse: Domestic Abuse Women's Aid Children and Young People Outreach Service	End Contract and build the offer through new Supported Housing/HRS Model working alongside Steering Group reviewing Domestic Abuse Provision across Hull.	Existing Budget: £66,000 Proposed Budget: 2019/20: £66,000	<p>This service is currently commissioned through Housing Related Support (HRS) framework. Proposed changes to HRS funding and model provide opportunities to review this work area.</p> <p>Hull was successful in bidding for National funding to support Children and Young People in relation to Domestic Abuse.</p> <p>From September 2019 PHSE is to include Relationship and Sex Education as a mandated subject for school. This is likely to include domestic abuse in relationships.</p> <p>Public health are working closely with partners across Hull in reviewing service provision around domestic abuse which provides an opportunity to ensure that the existing services are working as effectively and efficiently as possible, and also that mainstream services (such as the Integrated 0-19 Public Health Nursing Service and schools) are providing appropriate support to children and young people identified as being affected by domestic abuse.</p> <p>The Public Health Grant funds the Domestic Abuse Partnership (DAP) and Strength to Change programme through the 'internal HCC' element of the allocation of the Grant which is not proposed to change.</p>

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10. Work Place Health	Do not re-procure the Workplace Health and Wellbeing Service when contract ends on 31st March 2018.	Existing Budget: £50,000 Proposed Budget 2019/20: £0	<p>In the context of the reductions that need to be made in Public Health commissioning, it is proposed that there are alternative approaches to working with local employers to address workplace health and to improve health and wellbeing outcomes for people of working age.</p> <p>The Community Outreach provider currently delivers NHS Health Checks in workplace settings and it is intended to develop this element of the NHS Health Check provision. There is also a degree of duplication with other services locally.</p> <p>There is ongoing work with colleagues in the Regeneration Directorate and through the Inclusive Growth element of the City Plan to work with employers on a range of issues including employee wellbeing.</p>
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