

# HULL EARLY HELP SERVICE GUIDE

and performance review 2022/23

"The total support that improves a family's resilience and outcomes, or reduces the chance of a problem getting worse"



# INTRODUCTION

**“Early Help and Prevention is a whole system approach, a way of working and everybody’s business. It is about working in a collaborative way to support children, young people and families to build on their strengths, overcome challenges and make positive changes for themselves”**

*(Hull’s Early Help and Prevention Strategy 2021-25)*

By acting early, we can prevent problems from getting worse and help children, young people and families to find the solutions that will make their lives better. Our Early Help and Prevention system in Hull involves a wide range of partners all playing key role in providing support and helping build the resilience of children, young people and families.

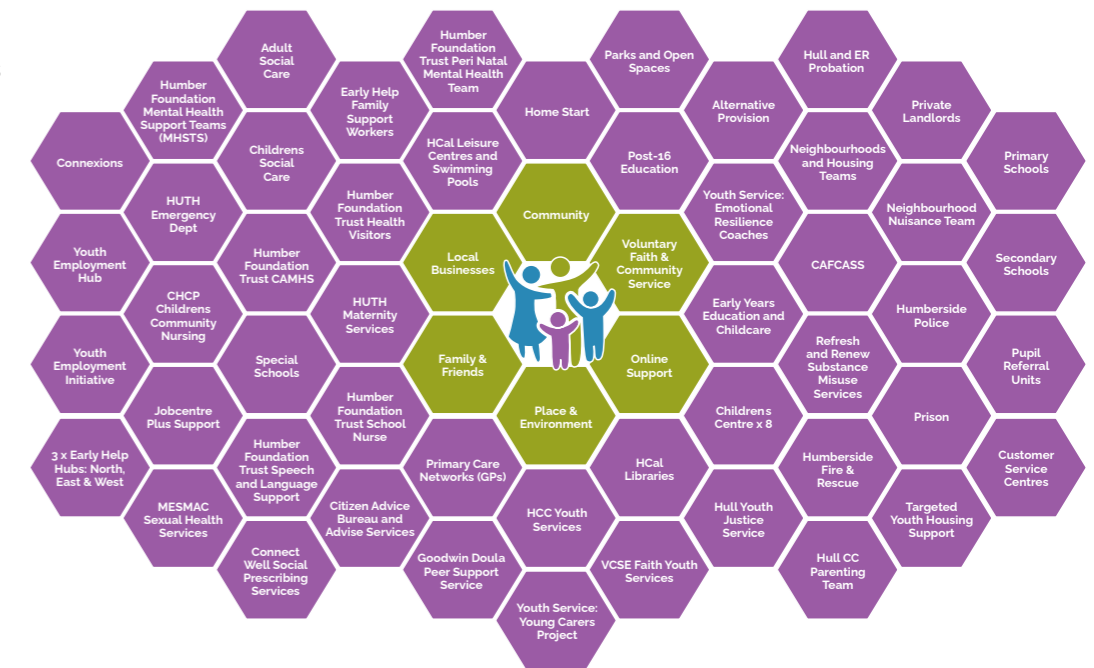
This report outlines some of the support which is available from Hull City Council’s Children, Young People and Family Services (CYPFS). Including our Family Hubs, Family Support and our targeted youth services which support young people in a wide variety of ways. This report gives readers an overview of the services, what they do and examples of their work. However, the really important thing to remember when reading this is that this is not done in isolation and these services can only work as part of an integrated partnership approach to supporting our children, young people and families. Hull’s Early Help Partnership is wide and varied and is depicted on the next page.

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The partnership brings together many agencies and services working across the various levels of support. For example, schools and colleges provide a universal offer for all children and young people but also provide early help and additional support for those children who needed it, similarly with health visitors whose offer ranges from universal through to partnership plus as part of a multi-agency approach to whole family support.

## Hull Early Help Partnership



## Our Priorities for 2021-2025:

The Early Help and Prevention Strategy (2021-25) identifies 7 key priorities for our partnership to focus on and these are outlined below:

- 1. A stronger focus on the first 1001 days and school readiness**
- 2. Supporting children and young people to make successful transitions**
- 3. Keeping children safe and intervening earlier to prevent and reduce neglect**
- 4. Reducing Parental Conflict and Preventing domestic abuse through early identification and intervention**
- 5. Supporting vulnerable adolescents to reduce risk taking behaviours and those at risk of antisocial behaviour or criminal activity**
- 6. Improving emotional and mental health and wellbeing**
- 7. Supporting post-pandemic participation and engagement in positive and enriching activities**

## Number of referrals received in the year into Early Help

# 7787

These are a combination of referrals which have been received through the Early Help and Safeguarding Hub (EHASH), at level 3 and directly to Early Help as levels 1 and 2. Some of these may have been picked up by a range of partners, who record on alternative systems, and at the triage stage have been identified as the most appropriate organisation to support the family.

Early Help assessments completed on

## 2149

people

The number of children and young people (to age 25 with SEND) registered across Early Help

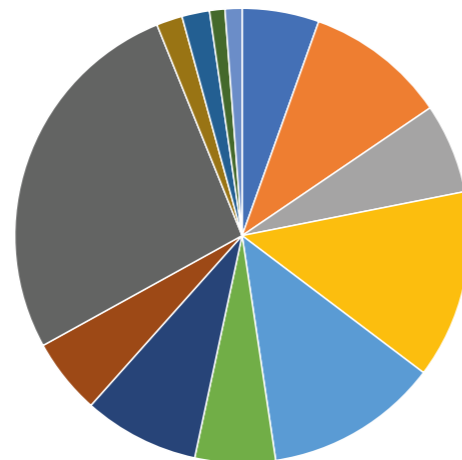
## 59,591

## 805

Transitions from Children's Social Care

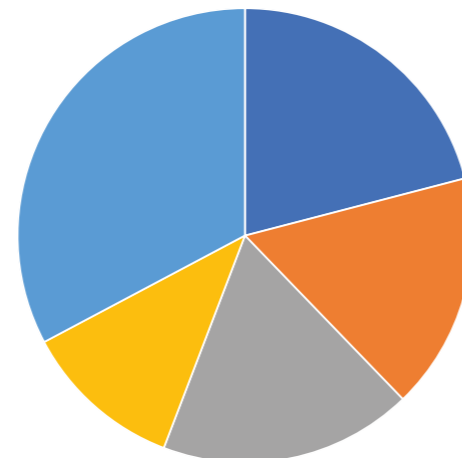
### Reason for Referral - Early Help 2022 -2023 Presenting Issues

- 426 Abuse
- 781 Child with disability
- 498 Domestic Abuse
- 1044 Family Dysfunction
- 961 Family with Acute Stress
- 445 Housing/Homelessness
- 641 Mental/Emotional Health
- 420 Other
- 2095 Parenting Issues
- 144 Special Educational Needs
- 153 Substance Misuse
- 85 Universal Children's Centres
- 94 Young Carer



### Referral Source- Early Help 2022 -2023

- 1631 Health
- 1311 Individual
- 1404 Other
- 890 Police
- 2551 School/Education



# EARLY HELP FAMILY HUBS AND FAMILY SUPPORT

The Family Hubs provide a 'one-stop shop' for families across Hull. We bring together all the support a family may need, from pregnancy through to young people turning 19 (or up to 25 with Special Educational Needs and Disabilities). At any point and after this age, we work closely with other Early Help services and partners to ensure that the family receive support, if needed, at any point in the child's life.

The Family Hubs are a core part of the Early Help delivery model across Hull. Further to the recent funding we are transitioning the Children's Centres into Family Hubs.

#### We are focusing on helping families with:

- Being a parent and all the challenges that may bring
- Building loving and responsive relationships with parents/ carers and their children
- Family support, working closely with all partners, such as schools, as part of the team around a family
- Infant massage classes which promote bonding and attachment, infant feeding, speech and language development and is also a great introduction into the services for families
- Play and learning sessions which are linked in the Early Years Foundation Stage Framework and are planned around measured outcomes for children
- Parenting courses – Incredible Years, Family Links Nurturing, Triple P, HENRY

- Health Lifestyles support, sessions and advice including Us Mums exercise classes: Cooking on a Budget Courses; help to stop smoking; breastfeeding support and advice
- Peer support for parents and carers including dads and partners and those families with children who have SEND needs.
- SEND family support, co-ordinating services for families, offering parenting advice
- Child health clinics and 3-4 month sessions in conjunction with health visitors
- Midwifery clinics and antenatal classes
- Home safety checks, advice and equipment
- Help to find work or training through Youth Employment Initiative and Job Centre Plus
- Volunteering, Education and Training
- A place to meet other parents and carers, build up friendships and support networks.

There are 12 Hubs, which provide a base for bringing together a range of practitioners supporting close collaboration and alignment of services to form an Early Help Team. All staff and partners work across the locality to deliver an integrated approach to how we support families.

## Family Hub locations



### North

- The Lemon Tree Children's Centre (North Early Help Hub)
- The Parks Children's Centre

### East

- The Acorns Children's Centre (East Early Help Hub)
- Marfleet Children's Centre
- Little Stars Children's Centre

### West/Central

- Priory Children's Centre (West Early Help Hub)
- Rainbow Children's Centre
- Fenchurch Children's Centre

Family support staff use the Family Star Plus and Signs of Wellbeing Early Help Assessment to identify the needs of the family and develop a plan to support them. This gives focus on the parent themselves as well as their parenting abilities, whilst ensuring we are listening to the voice of the child and maintaining a focus on what life is like for the child.

This model of support reduces demand for specialist and acute services by using a joined up and evidence-based approach to Early Help, resulting in improved outcomes and life chances for families through their needs being met earlier

## Case Study

### Family Support

A mum and two children of school and nursery age were referred into EHASH for some parenting support for her child who has additional needs. Mum also has her own learning disabilities. This was deemed to be a level 3 for targeted family support, therefore send to Early Help Family Support.

Support was needed around one to one parenting through Parks Family Hub. The support offered was:

- Team around family meetings were held with the school to ensure support was in place around the Education, Health and Care Plan.
- Home-Start support was put in place.
- The family support worker helped mum to get a dual setting nursery place so that she was able to complete the Incredible Years parenting course and supported mum with a school appeal.
- Mum also completed the Solihull On Line Understanding your child with Additional needs.

### Outcomes

- Youngest child is in nursery both children are doing well with no concerns raised.
- Both children now have a good routine at home and good boundaries in place.
- Oldest child knows that he has someone to talk to at school should he need to.
- Youngest will start full time education in September 2023.
- Mum feels that she is now able to manage the boy's behaviour in a positive way and has learnt a lot of strategies to help her maintain these.
- Mum made new friendships within the group who offered support and advice to each other during the course.
- Home-Start are supporting the family until September 2023.
- An Education and Health Care plan is in place and support in school.

## FEEDBACK

*"Family Support has helped me through some difficult times, always there for me and my children, supported me at meetings and always there to help me could not have done it without the support."*

*"I feel the group and leaders were very supportive and were very interested in me and my child and I would like to continue to meet with the group after it has finished."*



# 11-19 EARLY HELP FAMILY SUPPORT SERVICE

The role of the 11-19 Family Support Service is to provide targeted Early Help to families in need of support. The team work with young people, families, and carers creatively to deliver a wide range of evidenced-based family interventions to meet their support needs.

They complete Whole Family Assessments using the Signs of Wellbeing Framework and Outcome Star's to create effective support plans using SMART goals. They take a multi-agency approach and often act as the Lead Worker for Families and chair Team Around the Family Meetings to plan and review support and work collaboratively with a wide range of internal and external services.

They are locality based in the Family Hubs and spend time in the community visiting homes, schools, and other venues on a regular basis.

## Senior EHFSW

Total Number of Assessments Completed

377



## Case Study

The referral was from Mum due to her son's behaviour deteriorating at home and school. He was arrested for carrying a weapon and often came home under the influence of either alcohol or drugs. Mum requested support as she has younger children and was struggling to cope. The family also suffered a significant bereavement when step-dad passed away. The support offered included:

- An Early Help assessment and plan was completed with the family.
- A My Star was completed with the son.
- A team around the family meeting was held in school to create plan of support.
- 1 to 1 sessions were held with the son at home, school and in the community covering all aspects of his life.
- He was reluctant to engage at first but opened up when the working relationship developed.
- He said on a few occasions he trusted the worker and looked forward to the sessions.
- On a couple of occasions he slipped back into previous behaviour but was open and honest and talked about learning from mistakes, and how he could move forward.
- Home visits with mum and her son when mum was struggling with his behaviour, looking at what she could do and how his behaviour affected her and his siblings.
- Referred to and completed support from ReFRESH for Drug and Alcohol use.
- Completed Hull Youth Justice Diversion Programme
- Referral to Barnardo's Bereavement programme which he found helpful

### Outcomes

- He has now left school and completed English and Maths GCSE.
- He is working with Connexions regarding an Apprenticeship

- Mum reports relationship with son has greatly improved.
- New friends who appear to be a good influence.
- Son states that he is no longer using cannabis.
- No further incidents of anti-social behaviour.

## FEEDBACK

The son personally thanked the worker and said they taught him some lessons which he will remember.

Text received from Mum:

*"Hi, thanks for all your help with my son. You've really helped him and he's really enjoyed his time with you. He's like a different person to what he was when you first met him. He's really grown up a lot. Thanks again for everything"*



# TARGETED PREGNANCY SUPPORT (TPS)

TPS is a Family Support service aimed at supporting vulnerable women and families during pregnancy and after baby has been born. The team undertake a holistic assessment with families, providing and coordinating appropriate support/services to meet identified needs.

They are a small team of four family support workers and the aim is to offer support to vulnerable families during pregnancy.

This may include:

- birth preparation sessions
- parenting support including support for dads and group sessions
- housing advice and support including helping with homelessness
- finance/budgeting/benefits
- mental and physical health support and guidance
- sexual health, contraception
- smoking cessation
- substance and alcohol misuse
- education and employment
- relationship advice and guidance, particularly around parental conflict and difficulties
- support accessing Family Hubs activities and groups

## Why are we doing this?

- To give every child the best start in life and ensure they stay with their birth parents and family, and prevent them from needing the support of a social worker
- To build a strong family where parents are positive role models for their children
- So, families can live free of domestic abuse and violence and keep safe
- To support families to take responsibility for their health needs
- So, families in financial need are supported to make the necessary changes
- To improve the situation so families no longer need support from the team and also
- To ensure they are aware of the wide range of other support and services available as their children grow

## How does the service work?

Families will work with a Targeted Pregnancy Family Support Worker who will support the whole family through one-to-one sessions. They will provide with practical hands-on support on a range of issues this can include birth preparation, parenting, housing, access to health and benefit/welfare services, understanding their baby's brain development, developing the parent/infant relationship and attachment with their child.

This is a partnership approach, working with a range of agencies such as Social Care, Midwifery, Health Visiting, Housing, Voluntary Sector Organisations such as Homestart and House of Light and our broader Family Hub offer.

Between April 2022 – March 2023

The team have supported 298 unborn children and 351 parents

## Case Study

Mum was expecting her third child in December 2022, and is supported by Dad of baby. Mum's 15 years old daughter and 12 years old son were born in London and subsequently adopted. Dad has two sons from an ex-partner, who are 15 and 18 years old.

An Early Help Assessment including the Parent and Baby Star were completed. Information was gathered from both Mum and Dad and a Team Around the Family Meeting was held.

Three antenatal sessions were completed covering handling of baby, coping with a crying, and feeding a baby.

The Targeted Pregnancy Worker supported Mum to attend Family Hub sessions and mum completed a session on child safety in the home, safe sleeping advice and information on a Baby brain development.

Two further Parenting Sessions completed postnatally with Mum, focusing on meeting baby development milestones and 'Gro Brain' information on the development of Baby brain, attachment and bonding.

Baby has remained in the care of both Mum and Dad who are fully meeting both baby's physical and emotional needs.

Mum is managing her mental health. Dad told us he felt confident caring for baby as a result of the support they both received.

## FEEDBACK

Message from the Health Visitor who completed a home visit:

*"Mum is doing really well! 'Baby was asleep in the Moses' basket, in the correct position, no concerns."*



# SEND FAMILY SUPPORT

## What we do:

We are a small team of four family support workers whose role is to provide a holistic family focused service for children, young people and their families with special educational needs and disabilities (SEND). We achieve this through:

- Supporting the early identification of children with SEND in Hull
- The coordination of TAF meetings for families, undertaking an Early Help assessment and family plan.
- Working with other agencies and teams including KIDS, LAFSS, health, education, social care and the voluntary sector, to provide advice, information, emotional and practical support to families.
- Offering support for the co-ordination of hospital/medical appointments, helping prepare the families for the meetings and appointments.
- Explain reports and recommendations to parents and carers.
- Assist families with referrals to appropriate agencies.
- Alleviate stress from families by liaising with agencies on their behalf.
- Assist families in applying for benefits and allowances.
- Provide information on entitlements, funding and grants.
- Maintain regular contact with families via home visits and telephone to suit individual family's needs.
- Offer advice and information allowing families to make informed decisions.
- Provide opportunities to meet other families through parent peer support groups.
- Support with SEND parenting sessions, such as Autism Spectrum Condition Awareness and Sensory Processing Support

From April 2022 to March 2023

**436 families** received support via the SEND Panel, which is a multi- agency allocation meeting, and **162 families** received SEND Family Support.

## Case Study

Self-referral from a parent requesting support with gaining a diagnosis for her child she believes has autism spectrum condition (ASC).

The parent had informed her child's school she felt her child has traits of ASC, however they did not see a lot of the behaviours the parent saw at home. Therefore, they had not started any processes or offered any extra support in school.

The SEND Family Support Worker, completed a home visit and observed the child at home and spoke to the child. A Team Around Family (TAF) meeting was arranged at the school with the class teacher and SENDCo, and parents' views and observations were discussed. The SENDCo agreed to observe the child in school and agreed to complete a Neurodiversity referral based on Parents observations and evidence.

The Parent was given information on where she could access support for herself and the child. Such as Parents Carer Forum, Listening Ear 4 U, TIC Yorkshire, ASC workshop, KIDS sleep service, Sensory Processing Hub, Special Stars and the Leisure and Family Support Service (LAFSS).

The child received a full health assessment completed by the school nurse, this identified that referrals to Sensory Processing Hub, sleep support and enuresis were needed.

Regular TAF meetings were completed every four weeks with all of the professionals involved in the child's life, to ensure the correct support was in place for the family and the child whilst they waited for the child's assessment outcome.

The SEND Family Support Worker also discussed the benefits they could claim and funding they would be entitled to support in meeting the child's developmental and social needs.

## FEEDBACK

*"I did not know where to turn before I got the support I needed from my SEND Family Support Worker, she has really helped me understand how to communicate with my Daughter."*

*"I struggled reaching out for help, but I am glad I did, I feel like for once my voice has been heard and I am now in a better place to be the best parent and person I can be".*

*"I really needed someone to help me express my opinion in meetings with education, I wish I had gained help from Family Support sooner as the things I have been asking them to do for years were resolved in a couple of meetings".*

*"My SEND Worker was really supportive and really seemed to understand what I was going through".*

**Our SEND Training Offer has also shown great impact:**

*"Recognising our child's place on the spectrum, I need to be more of a detective recognising some of the triggers and sensory needs."*

*"Useful tips and strategies, very helpful"*

*"It has made me think there are some hidden anxieties with my son."*

*"Great session, I have learnt a lot, thank you."*



# PARENTING TEAM

## Senior Family Support Workers (Parenting)

The Parenting Team consists of 1 manager and 6 practitioners, 2 based in each locality. They work with parent/carers to support them in managing children's behaviour using positive parenting strategies which can help to improve family relationships, family routines, children's physical safety and children's emotional wellbeing. Parents report their own emotional wellbeing and self-confidence improve because of working with the team or attending group sessions. The Team Co-deliver with staff across the Family Hubs and other stakeholders and also currently has 3 parent volunteers.

## Strengthening Families Strengthening Communities (SFSC) Intensive 4 hours a week, for 13 weeks

This focuses on Cultural Parenting and reflections of parents own parented experiences and parenting strategies to support positive family relationships going forward to bring up children to become responsible young adults. The SFSC books come in many languages to support learning for those whose English is not their first language.

## Supporting Separated Families (SSF)

4 hours per week for 2 weeks: For parents/carers who do not live with their children and may be struggling with contact but do still have some time with their children. This helps to give parents confidence if they are struggling to manage the time with their children in contact sessions or are aiming to improve the limited time they have with their children

## Who's In Charge

2.5 hours a week for 8 weeks: This is a face-to-face course for parents/carers who are struggling with challenging behaviour where their child may have an entitled view of the world. The parent may be struggling to put other parenting strategies in place as they feel they have lost control and their relationship with their child is breaking down.

## Online Solihull

6 weeks x 1.5 hours per week: This aims to give parents a better understanding of their child's brain development at different ages and stages of growing and how they can improve parent/child relationships

## 1-1 Parenting sessions

These are intensive or targeted parenting sessions delivered on a 1-1 basis, online, at the parents' home or in a community setting. Parents who work full time, have a disability or have childcare commitments are re supported on an individual basis to meet their needs.

## Parenting Advice & Support Workshops

Workshops are delivered in Schools, Community Centres, and other settings to speak to parents/carers and share information on what support may be available to them or provide a targeted session on an area of parenting that they have identified they would find useful.

**141** Parents/ carers attended Parenting Advice & Support workshops delivered across 11 primary schools

**57** Parents/ carers from the BAME community attended Parenting Advice & Support Sessions delivered over 5 sessions.

## Parenting Referrals 1st April 2022 – 31st March 2023:

**1507**  
Children within Early Help contacts where parenting is the presenting issue

**491**  
Families received a Triage to determine the most appropriate intervention

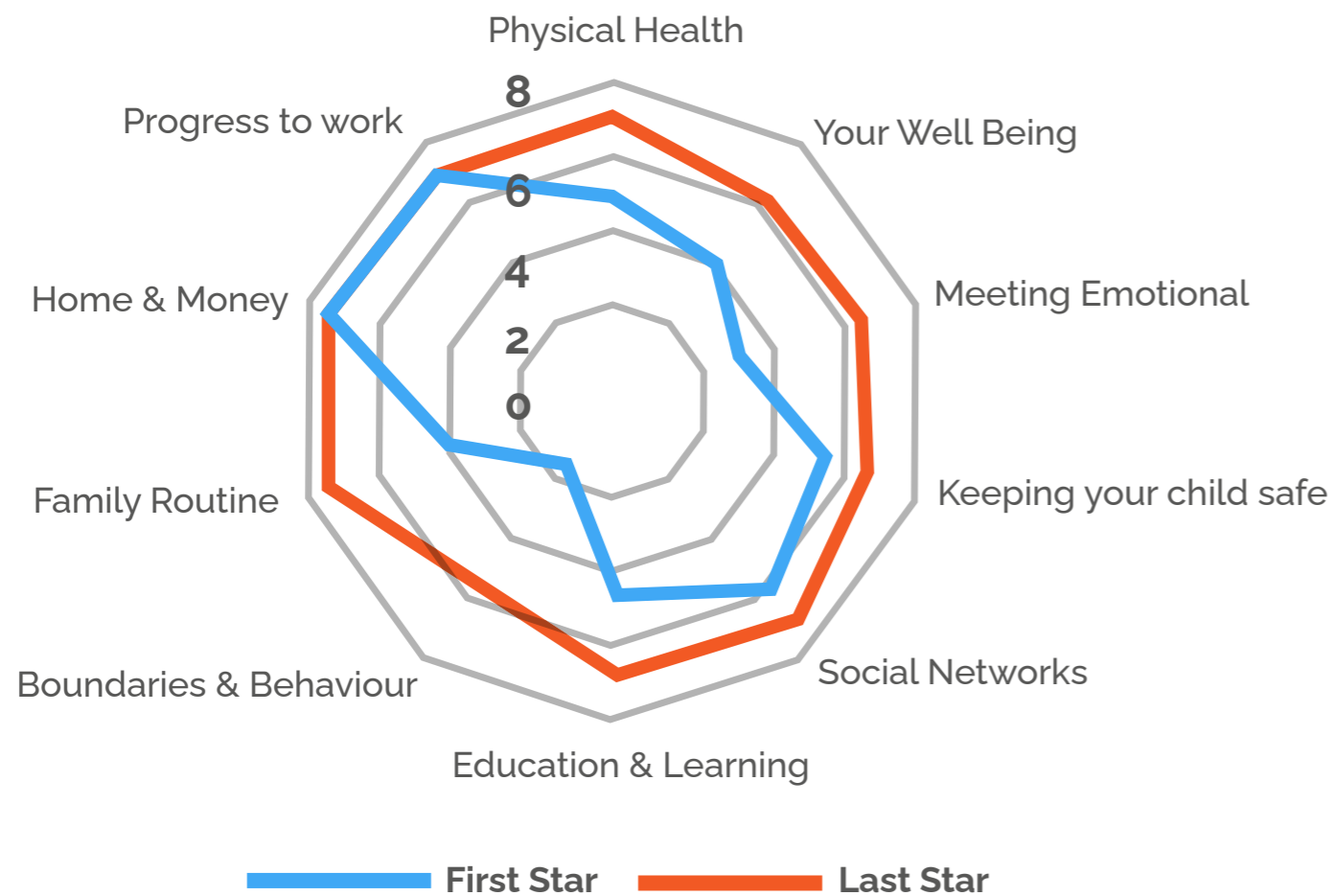
**270**  
Parents invited to evidence-based parenting groups

**221** Parent/carers were assigned for 1-1 intensive or targeted 1-1 parenting sessions using evidence-based practice due to complex needs, parents full time work commitments or with no childcare to attend a group





## Strengthening Families Strengthening Communities (SFSC) Group Evaluation



Parents reported significant improvements in meeting the emotional needs of their children and improvements of boundaries and behaviour post group, and also reported improvements in their own emotional wellbeing.

84

Parents have completed the intensive SFSC course between April 2022-March 2023

## Case Studies

### CASE STUDY 1

Child aged 14 was Looked After at the beginning of the course due to physical chastisement used by parent. Over the period of the course the parent reported she was able to have unsupervised contact overnight and at the time of closing the case the relationship had improved and the child had returned to live with her mother.

### CASE STUDY 2

Polish Family parents were struggling with their teenager's behaviour, going out and not returning until late at night. The teen was becoming more demanding, and parents were struggling to put in any boundaries, both had different views of how to deal with the problem. The mother said it has been useful having a book in Polish to help with her understanding of the course and reported the parents were now working together to deal with sons' behaviour which had begun to improve.

### FEEDBACK

*"My daughter has been helping out around the house and my son is now going to school"*

*"I have been able to handle my son's behaviour much better and stick to consequences for him"*

*"I am more calm now when I speak to school as in the past I have kicked off when there has been a problem"*

*"I have made so many new friends on this group and feel a lot more confident"*

*I feel like we all get on better as a family."*

*"I am more available."*



# THE HEALTHY LIFESTYLES TEAM

The Healthy Lifestyles Team deliver a range of early intervention health and wellbeing initiatives to support Hull's youngest families across the Family Hub network, ranging from food and nutrition to physical activity and parenting.

**4518**

individuals engaged (reach):

**2084**

Adults

**2166**

Children under the age of 5

**60%**

of those engaged from top 30% LSOA areas of Hull

**22,667**

individual contacts overall with city's youngest families



## Case Study

### Background

Mum, Dad and daughter were referred in as the daughter was flagged as overweight by Healthy Childhood Weight Pathway / National Childhood Measurement Programme and requiring support of the Healthy Lifestyles Team. She was continually gaining weight. The family had a range of complex needs and were being supported also by children's social care.

### Support provided

- Multi-agency approach with Humber Teaching NHS Foundation's Integrated Public Health 0-19 Team and Early Help Family Support
- Supported Mum with HENRY Healthy Families Growing Up group programme, Eat Well for Less workshop and Healthy Cooking on a Budget scheme.
- 1-1 direct support for Mum via telephone once completed the above programmes
- Communication with 0-19 Team to update and identify additional support

### Outcomes

- Mum engaged in 18 hours of HENRY support addressing portion sizes, types of food purchased and began to meal plan
- Family increased physical activity levels
- Daughter began to lose weight
- Mum also achieved a healthier weight and improved wellbeing
- Mum and daughter have attended a two hour Easter Healthy family cooking session at Priory Family Hub.
- They will attend a two hour Summer Healthy Family cooking session at Priory Family Hub.
- The family will receive a Healthy Cooking on a Budget at Home pack over four weeks of summer, part of the HAF offer.

## FEEDBACK

*"Since attending the 8-week HENRY course, my daughter has lost over a stone, and I've lost almost 2 with all our family/friends noticed and commented on how healthier we both look."*

*"We still need to lose a little more weight to be in the range for our height and weight but the positive is that we are getting there now. I feel if I hadn't attended the 8 week HENRY course, I don't think we would be"*

*"Every time we go shopping, we will look at healthier options. I learnt a lot of new quick and easy healthy dinners and snacks to make at home"*

*"I used the information we were given about the portion sizes and decided to look in my cupboards before shopping. I also got my sons to help choose some meals and plan ahead for at least 3 days"*

*"We have both been getting out more, going for walks instead of buses, cycling instead of walking etc. It's been good and has even improved my mental health"*

# HEALTHY HOLIDAYS HULL

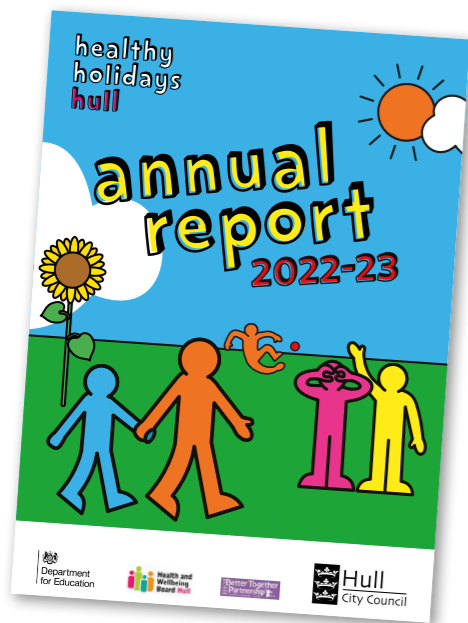
## healthy holidays hull

Healthy Holidays is the brand adopted in Hull for the Holiday Activity & Food (HAF) programme funded by the Department for Education (DfE) specifically to provide support during school holidays for children and young people in receipt of benefits related free school meals.

The City Council supplements this funding to make the programme available to **all** children and young people of school age, recognising the wider issues of poverty, deprivation, and access across the city.

The delivery requirement for Summer 2022, Winter 2022 and Easter 2023 holidays was **24 days** of delivery specifically for those in receipt of free school meals. The City Council delivered a total of **45 days** over the same period, available to **all children and young people of school age, 187% of the requirement.**

Please use the link below to view Healthy Holidays Annual Report



[simplebooklet.com/healthyholidayshullannualreport](https://simplebooklet.com/healthyholidayshullannualreport)

### CJ Music

CJ Music has been organising community events and providing support and training to people in the local community since the year 2014, with the aim of creating a friendly, welcoming, and inclusive community, where people can come together regardless of their beliefs, cultural background, age, or gender.

### Healthy Holidays Involvement 2022/23

CJ music have delivered a variety of sessions that consist of afro beats drumming, singing, and dancing with an element of food education, where children could get involved in making lunch or a snack including wraps, fruit salads, pasta dishes and smoothies. The sessions offer something very different to our Healthy Holidays programme.

"Watching the transformation in Childrens confidence and watching independence grow during the sessions. Our sessions have children from a wide variety of cultural background attending and seeing them mix and interact has been another highlight. Finally, my amazing team of staff and volunteers who create such special sessions."

**Biggest Success in 2022/23 – Cecil Jones (CJ Music)**

## Healthy Holidays in numbers

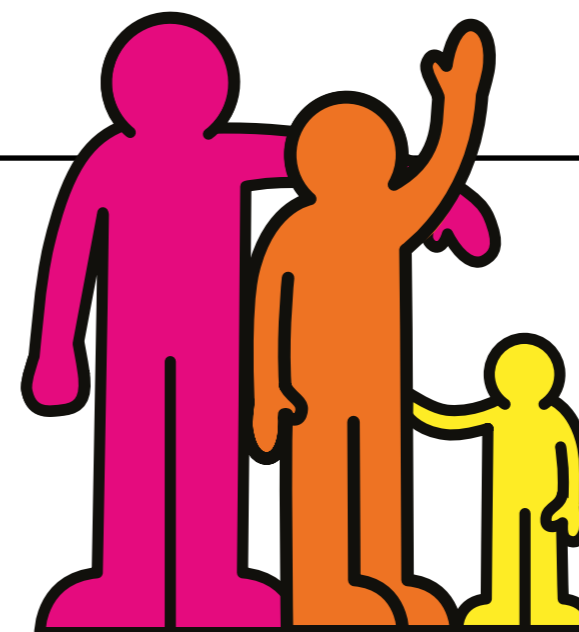
**14,184** young people from a total school roll of **43,184** are in receipt of free school meals, a city average of **32.8%** (January 2023), with **50** of the **84** primary and secondary schools above this average percentage.

Hull is the **4th most deprived** Council area in the country.

	Summer 2022	Winter 2022	Easter 2023	Total number of sessions
<b>Sessions</b>	<b>2,163</b>	<b>412</b>	<b>546</b>	<b>3,121</b>

over 45 days of delivery = 69.4 sessions per day

	Summer 2022	Winter 2022	Easter 2023	Subtotal
<b>Food provision:</b> Provided centrally for strategic partners, Family Hub's, Youth Centres, Hull Karting and HCaL sites:	<b>18,432</b>	<b>4,450</b>	<b>6,460</b>	<b>29,342</b>
<b>Food provision:</b> VCS providers (based on session attendance not a specific count of actual meal numbers):	<b>16,210</b>	<b>3,560</b>	<b>4,448</b>	<b>24,218</b>
<b>Total number of meals</b>				<b>53,560</b>



## Participation numbers

### Summer 2022:

The figures for this programme were calculated based on total attendances rather than unique individuals.

Primary age Participants	Secondary age Participants
20,940	11,001

### Winter 2022:

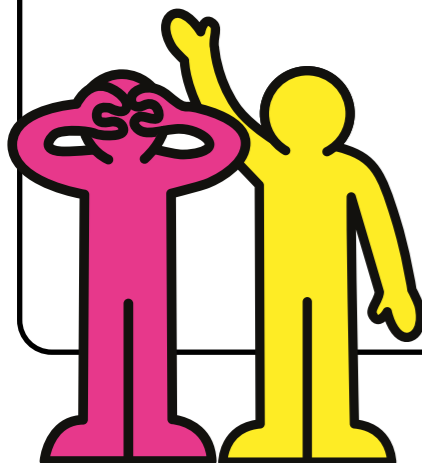
The revised methodology of reporting on unique individuals was applied.

	Primary Unique Participants	Primary Unique Participants
FSM Eligible – Non-SEND:	954	593
FSM Eligible – SEND	45	59
Non-FSM – Non-SEND	900	487
Non-FSM – SEND	49	44
<b>Unique Participants</b>		
Total FSM eligible = 1,651 (52.73% of all participants)		
Total non-eligible = 1,480 (47.27% of all participants)		

### Easter 2023:

The revised methodology of reporting on unique individuals was applied.

	Primary Unique Participants	Primary Unique Participants
FSM Eligible – Non-SEND:	1,285	520
FSM Eligible – SEND	225	162
Non-FSM – Non-SEND	1,874	769
Non-FSM – SEND	188	139
<b>Unique Participants</b>		
Total FSM eligible = 2,192 (42.46% of all participants)		
Total non-eligible = 2,970 (57.54% of all participants)		



# YOUTH DEVELOPMENT SERVICE

The Youth Development Service works with young people (aged 10-19 and up to 24yrs for those with disabilities and or learning needs) through their voluntary participation in Universal and Targeted youth work and is part of the Early Help Offer which aims to prevent the need for support from specialist services

The Youth Development Service (YDS) delivers community-based youth work opportunities (daytime and evening) all year round from 5 Youth Centres within the 3 Localities across Hull, and outreach work in schools and outdoor spaces within local communities.

Contact the Youth Centres for more details on their youth work offer:

- Ainthorpe Youth Centre – 306741
- Andrew Marvell Youth Centre -791226
- Astra Youth Centre – 310925
- Kingston Youth Centre – 331238
- Route One Youth Centre – 491960

### The Service delivers youth work support and opportunities through:

**One to One work** - Additional tailored support or intervention to meet a young persons identified needs and issues. Access is through referral. However, One to One work can also be offered as additional support given by a youth worker to help a young person as a brief intervention to break down barriers to accessing group work.

**Small group work** - This approach is used to support young people to discuss issues and build a stronger peer support network in a safe and often closed group environment. It can also be a steppingstone to building the confidence to accessing other larger groups.

**Large group work** - Offers a consistent community-based opportunity for young people to participate by their own choice in interest groups or social groups. These sessions provide an opportunity for youth workers to build relationships with young people to support their emotional well-being and identify issues before they develop further.

**Outreach work** - Going out to meet young people where they are. This is often in schools but can be at the home or where they are meeting up with others in the community.

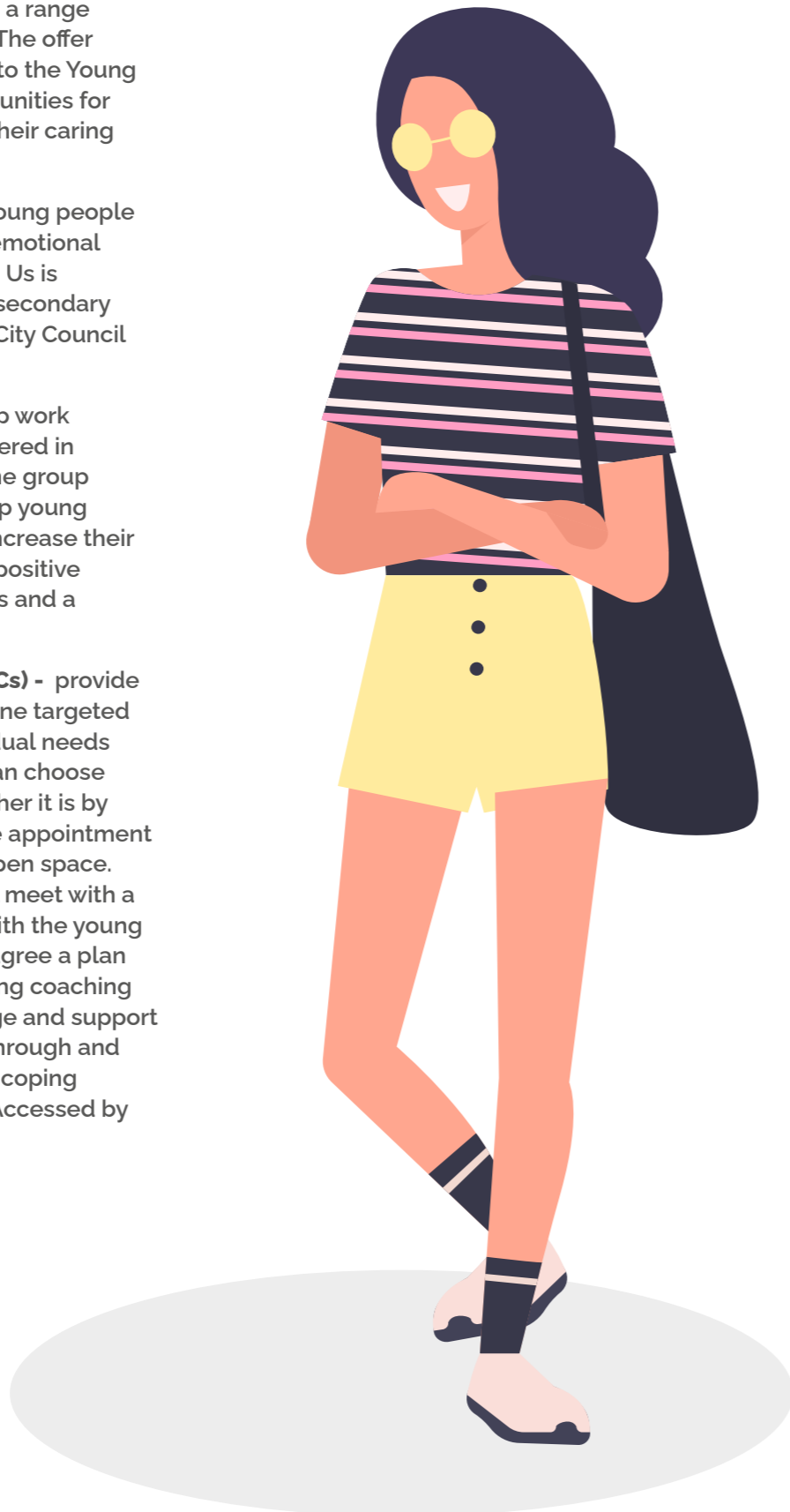
**The youth work offer also includes:**

**The Hull Young Carers Project** - provides assessment and one to one support for young people impacted by caring responsibilities and works in close partnership with a range of universal and targeted services. The offer includes support with applications to the Young Carers well-being grant and opportunities for young carers to take a break from their caring responsibilities.

**Turn 2 Us** - is a universal offer for young people who would benefit from low-level emotional support from a youth worker. Turn 2 Us is available to young people in every secondary school in Hull and each of the Hull City Council Youth Centres.

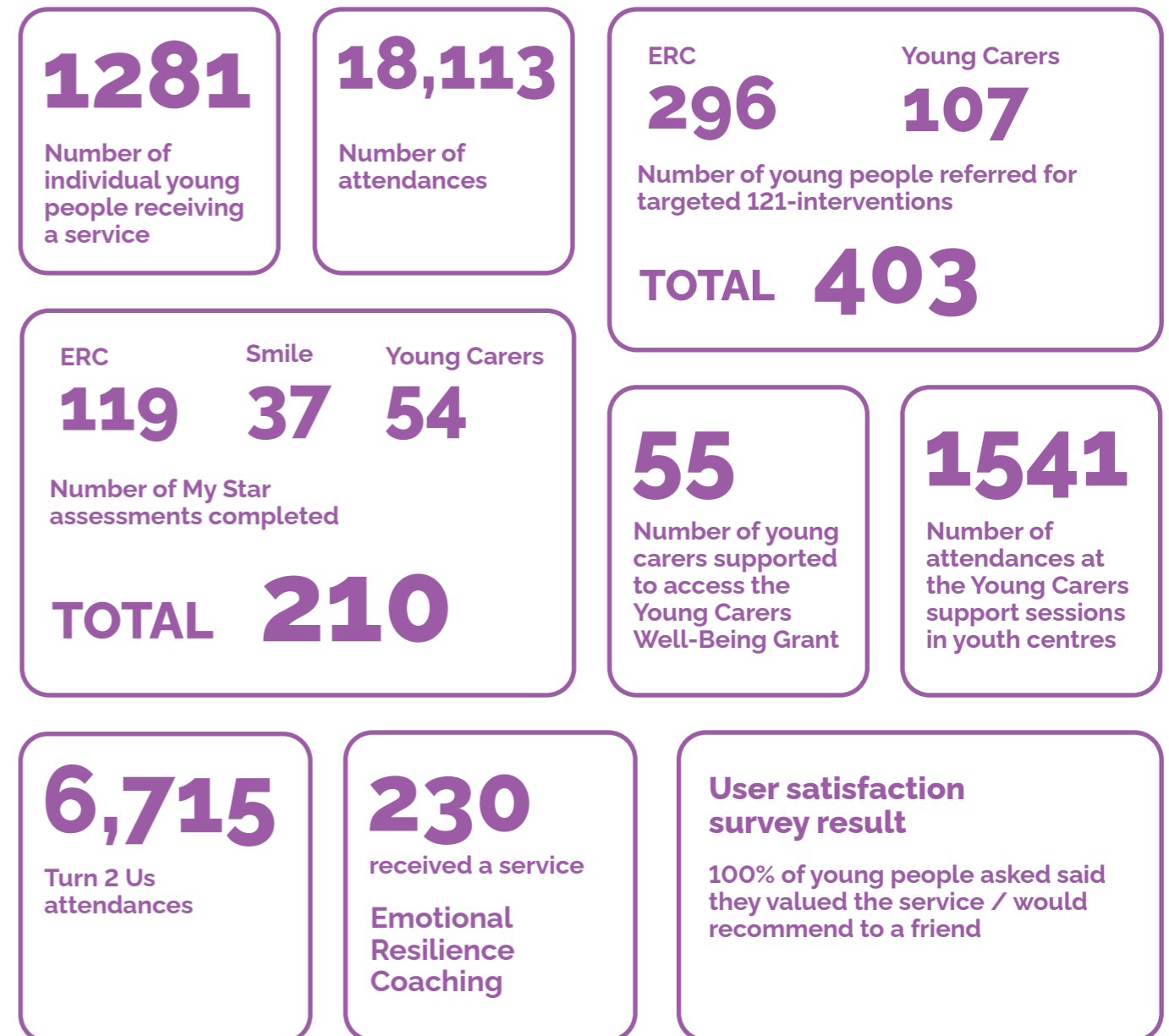
**Smile** - is a targeted 12-week group work intervention for young people delivered in local youth centres once weekly. The group work offers a mix of activities to help young people understand their feelings, increase their confidence and self-esteem, build positive relationships with family and friends and a stronger peer network.

**Emotional Resilience Coaches (ERCs)** - provide between 8 -10 sessions of one-to-one targeted support tailored to meet the individual needs of a young person. Young people can choose how they receive this support whether it is by phone, virtual link, or a face-to-face appointment at school or local youth centre or open space. The emotional resilience coach will meet with a young person, and they will work with the young person to identify their issues and agree a plan to help them get back on track. Using coaching techniques to enable both challenge and support they help a young person to work through and overcome their issues and develop coping skills and resilience for the future. Accessed by referral.



**Youth Development Service 2022/2023 Data -**

includes targeted intervention based, time bound work including My Star e.g. Emotional Resilience Coaches and needs and interest led e.g. LGBTQ+ group, young carers which is not time bound.



# Case Studies 22/23

## Emotional Resilience Coaching

### Background information

TJ is an 11 year-old male referred for Emotional Resilience Coaching 121 support by the safeguarding lead at his Primary School. He had recently transitioned to secondary school and was struggling to settle into his new school environment. He would often become emotional and would present as low in mood. This caused him to act out in anger, particularly at home. He would get in trouble because of this and would lose his privileges which would make him feel low and bored. TJ wanted support in managing his anger and wanted to feel happier.

### Support Provided

The support was delivered in school which was the young person's choice of venue. After the My star assessment was completed, it was identified that TJ mainly needed support with his feelings and behaviour and confidence and self-esteem, especially around anger management and low mood. It was also identified that TJ struggled to maintain friendships and that he was struggling with his lessons at school.

During the 1x weekly coaching sessions, we explored and worked on different anger management techniques and ways of coping in stressful situations and feelings of low mood. We used drawing and talking methods to talk through issues that could also be causing the low mood. We found that TJ spent a lot of time gaming and didn't socialise often. He stated that he felt frustrated as he was often bored at school and at home.

### Outcome

During the sessions, we discovered that TJ struggled to manage his anger when he felt bored or frustrated and that getting in trouble made him feel low about himself.

After practising some of the anger management techniques, TJ stated he felt more able to control his anger and didn't lash out at home as much. We also explored new options for different hobbies TJ could engage in outside of school to help with his lack of a friendship group and a referral into Smile was made to encourage socialising and building a positive peer network. I spoke to the school about TJ's struggle with concentrating in lessons, resulting in fidget toys being allowed to be used by TJ in lessons.

TJ was referred into the Smile group to try and encourage him to socialise outside of the house and to help him learn skills in making and maintaining friendships.

## FEEDBACK

*"I don't feel angry as much now. I can't wait to start Smile."*

TJ male aged 12years

*"He doesn't kick off at home anymore, he seems a lot calmer and happier."*

TJ's (male 12yrs) Mum

## Smile group work intervention

### Background information

Z is a 15-year-old white male who lives with his mum. Z has good support from his dad, they have regular contact, but he no longer lives in the family home.

Mum contacted Route One Youth Centre as she was aware of the offer for young people via social media. She said Z initially wanted to meet more young people from the LGBTQ+ community and expand his circle of friends.

### Support Provided

Following an initial 121 meeting Z identified as a gay male and expressed that he was experiencing social anxiety and found it difficult to connect with other young people.

The youth worker suggested Smile small group work might be a first step to build his confidence and meet some other young people with similar issues.

Z started to attend Smile every week and part way through the intervention he also began to attend the Unicorn LGBTQ+ group at the youth centre.

Through the Smile group-based discussions, Z began reflecting on his thoughts and feelings, and with support from his peers he explored the changes he could make towards building new friendships and meeting new people.

Z was also encouraged to explore his feeling around body positivity and gender identity and the links this had with his own anxiety and feelings.

### Outcome

In addition to the Smile and Unicorn groups Z started to attend trips and additional holiday activities. Here he was able to socialise with a cross section of young people who attend other sessions at the youth centre and his social circle began to widen as he made new friends and had fun.

Since completing Smile, Z has continued to attend Unicorn and has settled well into becoming an active member of the group. He has grown from being shy and withdrawn to a more confident young person with supportive friends.

## FEEDBACK

*"Last year I really wish I was coming to a place like this. Things felt bad, and I had nowhere to go. Now I know I can come here whenever I need to and have someone to talk to."*

*"There are people I can connect with. I think when you're different at school you feel like nobody else knows how you feel so coming here it's made me feel comfortable."*

- Z, 15yrs

**Turn 2 Us 121 feedback -** *"I have enjoyed looking at my worries and then positives on how i might deal with them"*

H, female, 12yrs

**Smile group work feedback -** *"Things are better for me; I feel more confident. I have made new friends now"*

R, female, 11yrs

**Emotional Resilience Coaching -** *"I feel happier at school, and I can put my hand up in class to answer and ask questions now"*

B, female, 12yrs

**Emotional Resilience Coaching 16+ -** *"I would recommend this service because some of my friends are going through tough times too and it might help them deal with things"*

R, male, 17yrs



# VOICE AND INFLUENCE TEAM

The team is based in Integrated Youth Services and consists of 5 members of staff. The team support a wide range of voice and influence activity and is actively supporting the city-wide Voice and Influence Partnership which is a multi-agency partnership lead by the VCS jointly with the Council.

## Hull Young People's Parliament

Supporting young people to have their views heard and acted upon locally, regionally and nationally. This year Youth Reps have spoken in the Houses of Parliament and attended events in Beverly, Bentley and Dearne Valley. They have also facilitated two HYPP road shows in the East and West of the City and are working on local campaigns raised at the two events. Young people take part in scrutiny meetings and get involved in decision-making across the city.

## Young Voices Influencing Care (YVIC) group

YVIC have delivered Total Respect, training to staff to help them understand how it feels to be in care from a young person's point of view. Singing has played an important role in bringing people together this year as sing-alongs at the Albemarle Centre. A sculpture designed and made has been installed in the Guildhall reception area. YVIC have been central to the rolling out of the first Corporate Parenting week where they facilitated sessions.

## Hull's Young Mayor

The Young Mayor and the campaign group created an Anti-Racism in Schools Campaign which led to the production of an Anti-Racism Policy. Amelia, last year's Young Mayor wanted to challenge racism with positivity and kindness. Amaya, this year's Young Mayor is on a mission with Deputy Young Mayor Germaine, to promote the importance of 'community' and they and this year's campaign group are championing the Community Strategy.

After the successful submission to the National Youth Agency and gaining the **Hear by Right Active Award**, the Voice and Influence partnership is working towards embedding the **Lundy Model** across the City. The model provides an effective way of ensuring that everyone who accesses our services has a right to express their views and right to their views given due weight. The Lundy model is underpinned by Article 12 of the United Nations Convention on the Rights of the Child

- 3 Hull Young People's Parliaments have taken place
- 15 young people took part in the Recruitment of Young Mayor
- 15 young people took part in Participatory Appraisal Training
- 786 Attendances at V&I activities from July 22 to June 23
- 187 Individual young people took part
- 100 members of staff took part in Total Respect Training



## Case Study

### Young Voices Influencing Care (YVIC)

#### Background

It was decided in Hull to raise awareness of the Council's Corporate Parenting responsibilities by having a week long event dedicated to raising awareness, celebrating and promoting good Corporate Parenting. A series of events were planned that people from across the Directorate would attend. YVIC decided to contribute to the week by facilitating four Total Respect sessions and closing the week of events with a performance at the Albemarle.

#### Support provided

Working with the Voice and Influence Worker YVIC designed sessions exploring corporate parenting and asked Council staff who attended to share what they did in their day to-day jobs to make life good for children who are in our care. To be healthy, feel safe and happy, do well at school, to grow into young adults prepared for independent lives, have further and higher education, jobs and careers and have financial stability.

#### Outcomes

The sessions were really well attended with over 100 people attending on the day supported by six young people. Council staff feedback included that they now:

- Have greater understanding of their responsibilities as a corporate parent
- Have a greater understanding of the needs of children in our care and how this differs across age groups
- Can clearly see how their service can better support children in our care and are committed to doing so
- Reaching staff across wider council directorates creating informed champions for the needs of our children in care

## FEEDBACK

### Hull Young People's Parliament (HYPP)

#### Background

Ryder stood for the UK Youth Parliament elections in March 2022 to become a Member of Youth Parliament with this manifesto:

*"I'm a peer mentor & form representative within school. I'm passionate about speaking and raising awareness about issues with mental health & the transgender/LGBTQ+ community. I'd love to get issues surrounding these sorted and make positive changes within the city & nationally. I'd love to speak on behalf of young people too."*

Ryder wanted to raise awareness about issues linked to the LGBTQ+ community in particular it wanted to raise awareness about neopronouns and xenopronouns. Ryder's pronoun is 'It'.

Ryder was successfully elected and became a Member of the Youth Parliament (MYP) in March 2022. Taking its role seriously and the opportunity that being an MYP offered, Ryder made a presentation that explained neo and xeno pronouns called Gender Pronouns and Identity. It wanted people to understand more about gender identity and particularly schools in the hope that it might stop some of the bullying it and other young people experience around gender identity.

#### A summary of support from the Voice and Influence Team

Ryder worked with Ruth from the Voice and Influence team to make links with schools and share the presentation. Ryder also presented to the Voice and Influence Team and YDS Youth Workers, the Social Work Academy have made the presentation into a short animation.

#### Outcomes

Ryder's presentation is shown in webinars, stop the clock meetings and there are plans for it to be shown in future HYPP sessions.

Ryder is happy with the final animation and that it is being used by staff to inform them and help them to understand more about gender identity.

The animation is being shared across sectors and regions, the feedback so far is that it is helpful in understanding pronouns.

# THE TARGETED YOUTH SUPPORT SERVICE (TYS)

This team provides early help and targeted support to prevent homelessness and help young people make positive transitions to adulthood. The service offers support, advice, and guidance on a range of issues including:

- Housing and Homelessness
- Independent Living Skills
- Staying Safe
- Relationships
- Family mediation
- Finances
- Emotional and Physical Well being
- Education Training and Employment
- Substance Misuse

## Our Teams

### Access and Support

The team provides a daily walk-in service providing advice and support for young people and families contacting the service on a broad range of issues often in crisis and requiring immediate help.

### Housing Options

Same day housing information, advice and support is made available for young people and professionals to make informed choices. The team will help find or maintain suitable accommodation to prevent homelessness and or make more planned moves into independence through an individualised Personalised Housing Plan.

### Shared Accommodation Team

Provides furnished accommodation with named support to young people aged 16 -25 across the city.

### Housing First 4 Youth

Provides intensive housing support to young people threatened with rough sleeping and or repeat homelessness.

### Passport to a Property

The Passport to Property programme helps young people further develop their skills and confidence to make positive and successful transitions to independent living.

### Specialist Accommodation Support

Intensive support to Care Experienced young people threatened with or experiencing homelessness.

### Stay Close

Provision of a named and consistent worker supporting the development of independence skills and facilitating planned transitions for young people from residential settings to more independent move on accommodation through an individualised personal housing plan.

## Key Performance Data

- 386 individual young people successfully prevented from becoming homeless
- 42 (11%) Provided with same day emergency accommodation
- 126 (33%) Supported to make planned and positive moves to independence
- 218 (56%) Supported to return /remain at home through family or landlord mediation
- 71 young people currently living in Shared Tenancy accommodation and thriving
- 82 young people successfully moved on and sustained their own accommodation

## Case Study

### Targeted Youth Support - Staying Close

#### Background

A care experienced young person (YP) wanting to move towards independent living. The YP is currently supported by the Targeted Youth Support (TYS) Staying Close offer.

- Staying close worker took the time to build a trusting and positive relationship with the YP achieving this by regular visits and listening to what she wanted and putting her at the centre of her own plan.
- Attended regular multi-agency meetings to establish the role of stay close alongside Children's homes staff, IRO, Social worker, CAMHS
- Explored the move on options with the young person and professionals and devised an individually tailored, plan created with her wishes and feelings of how she wished to be supported.
- She spent time in the staying close taster flat with the support of children's home staff and staying close worker. This provided a realistic experience of living independently and supported a smoother transition and ensured independent living was the right choice for her.

- Independence skills work using the Passport to a Property course was delivered and will remain ongoing for as long as it is needed
- An outcome star assessment identified other areas for support and focus as part of a longer-term plan including access to Education and Training options.

#### Outcomes

- The YP moved on successfully from the taster flat and is currently maintaining her current property with the support of the staying close worker and the children's home staff to further support the planned transition to leaving care.
- The YP is now exploring training or employment via the Connexions service.
- Positive engagement with services and a trusting consistent relationship with Stay Close
- Improved confidence, ambition
- Improved health and wellbeing.

## FEEDBACK

*"All staff are good at the job and have helped and supported me. The experience in the taster flat was great because I was able to experience living on my own before making a decision if this was the right thing for me. Perfect."*



# REFRESH, YOUNG PEOPLE'S DRUG AND ALCOHOL SUPPORT SERVICE

ReFRESH is the Young Peoples Drug and Alcohol Service for Hull and are part of Hull City Council's Integrated Youth Support and Early Help Offer. We Support Young People aged 11-18 with a variety of issues/complexities and take a holistic approach to the work we do.

ReFRESH Early Intervention offers support, advice and education to young people who are starting to experiment with substances, or to those that are not using but are vulnerable due to family dynamics, social and/or wellbeing issues. We offer sessions are aimed to educate and build resilience of young people.

ReFRESH Treatment offers specialist support to young people whose drug and/or alcohol use is causing problems in their life. This may be problems at home, school/college or issues around dependency, crime, and exploitation etc. We will complete a comprehensive assessment of need, agree a plan of support using SMART goals and deliver evidence-based psychosocial interventions to help promote, motivate, and sustain change. It also includes delivery of specialist harm reduction strategies.

ReFRESH offers training to the children and family workforce around substance misuse awareness and screening and brief intervention to increase the confidence of having conversations with young people about drugs and alcohol.

ReFRESH also has a cohort of volunteers that act as Mentors to the young people within the service.

## Key Data

**977**

Number of children and young people given a brief intervention or advice for substance misuse (alcohol, drugs, and tobacco)

**191**

Number of Professionals completed Substance Misuse Awareness or Screening and Brief Intervention Training

**61%**

Percentage of Successful Early Intervention/Targeted Interventions Completed

**88%**

Percentage of YPs successfully completing Treatment following Assessment

## Case Study

### Background and reason for ReFRESH Support

- Looked after Young Person (YP) was referred concerning extreme alcohol use and intoxication, regular missing episodes, and suicidal intent (including regular police arrests for aggressive behaviour and admissions to HRI including twice to Intensive Care due to alcohol).
- The YP had a ADHD diagnosis.
- The young person has social care involvement and has been living with supported accommodation provider whilst on a care order.

### Summary of support from ReFRESH Team

- Specific focus on safety and risk awareness, harm minimisation and advocating concerns within multi-agency context.
- There was a huge motivational aspect to the work and Motivational Interviewing, CBT, Strengths-Based interventions were used to enable the YP to see drinking as problematic and that change would be beneficial.
- Reduction strategy work as well as facilitating Medical Assessments and Liver Function Tests.

### Outcomes

- Young Person now recognises and implementing control for 'urges' and binge drinking.
- YP has been able to reduce his drinking and is aware of triggers and risk factors to 'binges' as well as recognising when likely to Relapse and has developed skills to avoid this.
- As a result, there has been a significant reduction in missing episodes, hospital admissions, police involvement and suicidal behaviour.
- The young person is in a much more positive mental state and is currently accessing College.
- Currently stable and living in independent accommodation and recognises need for continued support to achieve his goals.





The 'Thrive Hull Partnership' is a group of professionals working at a strategic and operational level to improve children and young people's emotional wellbeing and mental health. Thrive Hull strategic group reports into Hull's Health and Wellbeing Board and work to a high-level action plan based on a need identified in the recent emotional and mental health needs assessment for children and young people in Hull.

Thrive Hull utilises the 'i-Thrive' framework to organise and help people navigate the range of emotional wellbeing and mental health services in the city:



The Thrive Hull Partnership includes members from education, health, care and the voluntary and community sector

See [www.howareyoufeeling.org.uk](http://www.howareyoufeeling.org.uk) for more information

**2022/23 Key Data / outputs:**

- **October 22:** The Thrive Partnership held our first Thrive Conference for professionals supporting CYP across Hull, 180 professionals attended.
- **Jan 23:** Thrive Service Directory version 2 produced and distributed Thrive Directory of Support ([simplebooklet.com](http://simplebooklet.com))
- **Feb 23:** The Thrive Partnership celebrated Childrens Mental Health Week with an event on 8.2.23 at St Stephens, supported by 20 Thrive Service partners
- **March 23:** Hull & East Yorkshire Mind over 2022-23, completed work with 136 CYP
- **During 2022/23** The Hull Mental Health Support Teams supported 35 schools/ colleges with over 370 young people accessing interventions for mild to moderate mental health needs. The MHSTs also held 176 whole school approach sessions.
- **March 23:** Twenty education establishments at senior management team level engaged in a 'relational whole School/College approach to emotional wellbeing and mental health'

**Case Study**

**Hull and East Yorkshire Mind are a part of Hulls' Early Help & Thrive Partnership to support emotional wellbeing and mental health of CYP**

- At the beginning of counselling the Revised Children's Anxiety and Depression Scale (RCADS) was completed, giving an overall scale of 111 and therefore identified as complex needs. At completion of therapy the score had significantly reduced to 36

**Background**

Young person, aged 14, was referred due to struggling with panic attacks. This was impacting their daily routine and school life and will remain ongoing for as long as it is needed

**Summary of support**

The counselling involved building a strong therapeutic relationship, using psychoeducation to bring into the young person's awareness the process of panic. CBT techniques were used, such as graded exposure and five area assessment.

**Outcomes**

- Initially the young person struggled in school and been away from home. As a result of the support they was able to attend a school trip abroad and found this to be an enjoyable experience

**FEEDBACK**

**Feedback from young person:**

*"I was able to open up and gained trust and confidence, I became more independent and was able to control/ manage anxiety/stress."*



# THE YOUNG PEOPLE, SKILLS AND EMPLOYABILITY (YPSE)

This service delivers the Local Authority's statutory responsibilities and associated support services, which aim to increase the volume of young people aged 14-25 participating in Employment, Education and Training. The YPSE service operates primarily from Kenworthy House however also delivers its services from Schools, Colleges, Training Providers, Health Centres and Children's Centres across the city.

## Connexions

Working with young people aged 14-25 to help them make successful and sustained transitions into post 16 education, employment and training upon leaving year 11. Advisers work in partnership with parents / carers and other agencies / professionals to co-ordinate a collective effort around the young person.

Connexions advisers also work with young people with an EHCP and their families from year 9 and up to the age of 25 to support them at key transition points with education and training options and preparation for adulthood.

## Springboard (Youth Employment Initiative)

A partnership project, funded through the European Social Fund (ESF), which aims to help those aged 16 – 29 years old, who are NEET (not in employment, education or training) and who live in Hull. There are currently 5 delivery partners that make up the Springboard project. These are, Let's Talk, Goodwin Development Trust, Making Changes For Careers, Hull City Council Key Workers and The Warren. Together, these partners provide the wrap around support required to help young people return to employment and training.

## Work Experience & Volunteering

This service oversees and co-ordinates the Local Authorities Work Experience and Volunteering offer for Hull residents. The service provides a central point of contact for all Secondary Schools and Colleges within the City, ensuring

effective safeguarding and tracking of students is maintained. High quality experiences of work are received by matching students' needs and abilities to the department's placement opportunity.

## Log on Move on

The >log on | move on> careers portal is primarily 'an Area Prospectus and Common Application Process (CAP)' system which is provided in partnership with East Riding of Yorkshire Council. Young people use >log on | move on> to submit applications to post 16 learning providers, with the aim of securing an offer of post 16 learning.

>Log on | Move on> includes additional functionality which supports transition such as an employability skills passport, a CV writer, access to live Apprenticeship vacancies and an information and inspiration section which provides information to support young people in making decisions on their next steps.

## Careers and Enterprise Company

This service facilitates and promotes the benefits of linking education and business together to improve local careers education for our young people. Working with the Careers and Enterprise Company the service delivers an Enterprise Co-ordinator function across the Hull and East Riding areas. The Enterprise Co-ordinator is responsible for recruiting volunteer Enterprise Advisors from the local business community.

## Young People Skills and Employability data

**4,239**

Number of Year 11 applications submitted via Log on Move on (Sept – Aug)

**4,264**

Total number of young people supported pre and post 16 by Connexions (Sept – Aug)

**2,054**

Number of careers interviews completed by Connexions (Sept – Aug)

**475**

Of the above, the number Risk of NEET young people interviewed by Connexions (Sept – Aug)

**244**

Education Health and Care Plan reviews attended by Connexions (Sept – Aug)

**617**

Number of young people who started the Youth Employment initiative (Aug - July)

**194**

Total number of Year 10 Work Experience placements offered by HCC (Sept – Aug)





Department for Education

# T-LEVELS

## Seven Wyke College students studying for a T Level in Health have been on Industry Placements with Hull City Council and Humber Teaching Hospitals NHS Foundation Trust.

For the council, the students have been working across four adult residential day care centres in the city, catering for multiple ages and disabilities, carrying out a wide range of critical tasks including activities co-ordination, physiotherapy, language therapy and arts and craft.

The students were also set personal projects, where they were given a small budget to plan and deliver specific activities for those in their care.

### Quotes from students:

**One of the students who is looking to go to do a nursing degree, said:**

*"I have developed both interpersonal and practical skills throughout my T Level course. Attending a variety of different placements has enabled me to gather an idea of the career path I wish to take but has also allowed me to understand the roles of different professionals I may work with in the future. One thing I have particularly enjoyed studying the T-level is the practical elements. This included learning how to take blood pressure, use safe manual handling techniques and even completing training such as first aid. By completing these practical activities, I feel my confidence has increased which will support me further into my career."*

**A second student who is going on to do a nursing degree, said:**

*"My T Level qualification, I have been able to prepare for university and learn the skills and qualities to become an adult nurse. I have been able to experience different roles within the healthcare sectors. I particularly enjoyed the industry placement at day centres for people with learning difficulties; we supported people to take part in daily activities such as, bowling, wheelchair dancing and crafts. I also got to experience clinical practise with registered nurses in treatment rooms where I learnt about skin conditions such as skin ulcers, treatments and recording information about the progress of healing. Even though this has been a challenging course, the teachers and employers have made sure that we had the right support in place and get the grades needed to study at university and future career paths."*

# HULL YOUTH JUSTICE

Hull Youth Justice is a statutory service of the Council. It has a Youth Justice Partnership Board, chaired by the current Director of Children's Services and works in close partnership with a wide range of partners, not least Humberside Police and Children's Social Care to improve outcomes for YP in the criminal justice system and importantly to prevent YP entering the system. In 2022/23 we started focused work with the Police to improve our joint working on diversion and prevention and how we identify and engage children at the earliest opportunity.

We are very clear, early intervention preventing children developing established patterns of offending is the key tool in tackling disproportionate numbers of children in Hull who are criminalised and more concerningly imprisoned. As a result of this work we began to see in early 2023 an increase in The number of children and families offered a prevention service. Hull Youth Justice has created close working relationships with NHS – speech and language services, Flipside Project delivered by the partnership between the Warren and Cornerhouse in the voluntary sector, Mind Therapeutic Services and internally strengthen close working relationships with children's social care, specialist public health nurses, ReFresh Practitioners, Youth Services and Hull Training.

Throughout the year Hull Youth Justice Service has a clear focus on ensuring children are attending Education liaising closely with Connexions, Hull Training, Schools and alternative providers such as Pupil Referral Units to ensure children are in education and able to reach their full potential.

- The criminalisation of children has decreased by 20%
- The re-offending figures are reducing approximately 5% per quarter
- The number of offences children are committing is reducing,
- And the number of children offered prevention intervention has increased from 21/22 when 183 Young people discussed at diversion panel to in 22/23 – 304 Young people discussed at diversion panel



### Children tell us what has been good about engaging with YJS:



*"I have learnt new things"*

*"I understand myself better"*

*"My attitude is better"*

*"Things in my life got better"*

### Children were very good at understanding their emotions and said the following made them angry:



*"Being controlled by others"*

*"Being shouted at"*

*"Being punished"*

*"Being talked down to"*

*"Bullying, hate and discrimination"*

### Children tell us about their hopes and ambitions for the future:



*"Get a good job, Get a home"*

*"Feel proud of myself"*

*"Good Relationships"*

*"Go to college or university"*

### But also was able to tell us what makes them happy:



*"Seeing friends and listening to music"*

*"Watching TV and Gaming"*

*"Going out for food"*

*"Getting exercise, swimming and cycling"*

*"Playing with pets"*



To find out more  
about Early Help,  
please visit:

[hull.gov.uk/early-help-information-for-professionals](http://hull.gov.uk/early-help-information-for-professionals)

