

Parenting Courses 2025

Here are some useful links with further information:

To request a place on a course, complete the online form: [CYP Hub \(hullcc.gov.uk\)](https://cyp.hullcc.gov.uk)

To find your local Family Hub visit: [Home – Family Hubs \(familyhubshull.org.uk\)](https://familyhubshull.org.uk)

KIDS Special Educational Needs and Disabilities Information Advice and Support Service, for more information on KIDS Hull services and how to refer visit:
[KIDS Hull initial contact form & service checker](#)

Access more information on our Online Parenting Guides by visiting: [Home – Family Hubs \(familyhubshull.org.uk\)](https://familyhubshull.org.uk)

Pop up Parenting sessions are available as and when required, contact your local Family Hub for more information.

Month	Course	Day	Start Date	Time	Duration	Venue
December	HENRY Workshop, Eating well for less	Tuesday	02/12/2025	09:30 to 10:30	1 Session	Lemon Tree Family Hub
December	HENRY Starting solid foods workshop	Tuesday	02/12/2025	09:30 to 11:00	1 Session	Fenchurch Family Hub
December	HENRY Workshop, Eating well for less	Wednesday	03/12/2025	13:00 to 14:00	1 Session	Parks Family Hub
December	Solihull Teen Workshop	Monday	08/12/2025	09:00 to 12:30	1 Session	Brunswick House
December	HENRY Starting solid foods workshop	Wednesday	10/12/2025	13:00 to 14:00	1 Session	Parks Family Hub
December	HENRY Workshop, Eating well for less	Thursday	11/12/2025	10:00 to 11:00	1 Session	Fenchurch Family Hub
January	Neurodiversity Course	Monday	05/01/2026	09:30 to 11:30	10 Weeks	Marfleet Family Hub
January	Learning about Childrens Behaviour	Monday	05/01/2026	12:30 to 14:30	10 Weeks	Marfleet Family Hub
January	Family Links Nurturing	Wednesday	07/01/2026	09:30 to 11:30	12 Weeks	Lemon Tree Family Hub
January	Neurodiversity Course	Wednesday	07/01/2026	13:00 to 15:00	12 Weeks	Parks Family Hub

Parenting Courses 2025

January	Family Links Nurturing	Tuesday	13/01/2026	09:15 to 11:15	9 Weeks	Parks Family Hub
January	Incredible Years	Tuesday	13/01/2026	09:30 to 12:00	16 Weeks	Rainbow Family Hub
January	Family Links Nurturing	Friday	16/01/2026	10:00 to 12:00	11 Weeks	Marfleet Family Hub
January	Family Links Nurturing	Wednesday	21/01/2026	TBC	TBC	TBC
January	Solihull Teen Workshop	Monday	26/01/2026	10:00 to 12:30	1 Session	Brunswick House
January	SFSC	Monday	26/01/2026	10:00 to 14:00	12 weeks	Fenchurch
February	Online Solihull	Wednesday	04/02/2026	18:00 to 17:00	6 Weeks	Microsoft Teams
February	HENRY Right from the start programme	Monday	23/02/2026	13:30 to 15:00	8 Weeks	Priory Family Hub
February	Solihull 10 Week Face to Face (Age 10 plus)	Tuesday	24/02/2026	10:00 to 12:30	10 Weeks	Brunswick House

Venue Addresses

Lil Bilocca House – St Lukes Street, HU1 2RD

Chiltern Primary School – Chiltern Street, HU3 3PL

The Freedom Centre – 97 Preston Road, HU9 3QB

Kingston Youth Centre – 48A Beverley Road, HU3 1YE

Parks Family Hub – Courtway Road, HU6 9TA

Lemon Tree Family Hub – 2 Lothian Way, HU7 5DD

Little Stars Family Hub – 95 Preston Road, HU9 3QB

Fenchurch Family Hub – Fenchurch Street, HU5 1JF

Acorns Family Hub – Nestor Grove, HU9 4DB

Priory Family Hub – Priory Road, HU5

Asda – Mount Pleasant, HU9 2BN

Centre 88 – Saner Street, HU3 2TR

Octagon Family Hub – Walker Street, HU3 2RA