

# Parenting Courses 2025

Here are some useful links with further information:

To request a place on a course please complete the online form at [CYP Hub \(hullcc.gov.uk\)](https://cyp.hullcc.gov.uk)

To find your local Family Hub visit: [Home – Family Hubs \(familyhubshull.org.uk\)](https://familyhubshull.org.uk)

KIDS Special Educational Needs and Disabilities Information Advice and Support Service, for more information on KIDS Hull services and how to refer please visit: [KIDS Hull initial contact form & service checker](#)

Access more information on our Online Parenting Guides by visiting: [Home – Family Hubs \(familyhubshull.org.uk\)](https://familyhubshull.org.uk)

Pop up Parenting sessions are available as and when required, please contact your local Family Hub for more information.

Month	Course	Day	Start Date	Time	Duration	Venue
January	Family Links Nurturing	Wednesday	07/01/2026	09:30 to 11:30	12 Weeks	Lemon Tree Family Hub
January	Neurodiversity Course	Wednesday	07/01/2026	13:00 to 15:00	12 Weeks	Parks Family Hub
January	Family Links Nurturing	Monday	12/01/2026	10:00 to 12:00	10 Weeks	Marfleet Family Hub
January	Family Links Nurturing	Tuesday	13/01/2026	09:15 to 11:15	9 Weeks	Parks Family Hub
January	Incredible Years	Tuesday	13/01/2026	09:30 to 12:00	16 Weeks	Rainbow Family Hub
January	HENRY Right from the start group programme	Thursday	15/01/2026	13:30 to 15:30	8 Weeks	Acorns Family Hub
January	HENRY Right from the Start Group Programme	Tuesday	20/01/2026	13:30 to 15:30	8 Weeks	Priory Family Hub
January	HENRY Starting Solid Foods (0-8 months)	Tuesday	20/01/2026	09:45 to 10:45	1 Session	Parks Family Hub
January	HENRY Starting Solid Foods (0-8 months)	Wednesday	21/01/2026	13:00 to 14:00	1 Session	Octagon Family Hub
January	Family Links Nurturing	Wednesday	21/01/2026	10:00 to 12:00	11 Weeks	Fenchurch Family Hub
January	Solihull Teen Workshop	Monday	26/01/2026	10:00 to 12:30	1 Session	Brunswick House
January	SFSC	Monday	26/01/2026	10:00 to 14:00	12 Weeks	Fenchurch

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January	Henry Healthy Families Growing Up Group Programme	Tuesday	27/01/2026	10:00 to 12:00	8 Weeks	Little Stars Family Hub
January	HENRY Starting Solid Foods (0-8 months)	Tuesday	27/01/2026	09:45 to 10:45	1 Session	Lemon Tree Family Hub
January	Henry Healthy Families Growing Up Group Programme	Thursday	29/01/2026	09:45 to 11:45	8 Weeks	Lemon Tree Family Hub
February	Solihull Online Evening 11-19 years	Wednesday	04/02/2026	18:00 to 19:00	7 Weeks	Microsoft Teams
February	Eating Well for Less	Thursday	12/02/2026	13:00 to 14:00	1 Session	Fenchurch Family Hub
February	Eating Well for Less	Tuesday	17/02/2026	09:45 to 10:45	1 Session	Lemon Tree Family Hub
February	HENRY Starting Solid Foods (0-8 months)	Tuesday	17/02/2026	09:45 to 10:45	1 Session	Parks Family Hub
February	HENRY Right from The Start Programme	Monday	23/02/2026	13:30 to 15:00	8 Weeks	Priory Family Hub
February	Solihull 10 Week Face to Face (Age 10 plus)	Tuesday	24/02/2026	10:00 to 12:30	10 Weeks	Brunswick House
February	HENRY Starting Solid Foods (0-8 months)	Tuesday	24/02/2026	09:45 to 10:45	1 Session	Lemon Tree Family Hub
March	HENRY Eat Well for Less	Tuesday	10/03/2026	09:45 to 10:45	1 Session	Parks Family Hub
March	HENRY Eat Well for Less	Tuesday	10/03/2026	13:00 to 14:00	1 Session	Fenchurch and Octagon Family Hub
March	HENRY Starting Solid Foods (0-8 months)	Tuesday	24/03/2026	13:00 to 14:00	1 Session	Lemon Tree Family Hub
March	HENRY Starting Solid Foods (0-8 months)	Wednesday	25/03/2026	13:00 to 14:00	1 Session	Parks Family Hub
April	Neurodiversity Course	Wednesday	01/04/2026	09:30 to 11:30	10 Weeks	Marfleet Family Hub
April	Learning About Childrens Behaviour	Wednesday	01/04/2026		10 Weeks	Marfleet Family Hub
April	Family Links Nurturing	Wednesday	08/04/2026	10:00 to 12:00	11 Weeks	Acorns Family Hub
May	Family Links Nurturing	Tuesday	05/05/2026	09:30 to 11:30	12 Weeks	Lemon Tree Family Hub

# Parenting Courses 2025

## Venue Addresses

**Lil Bilocca House** – St Lukes Street, HU1 2RD

**Chiltern Primary School** – Chiltern Street, HU3 3PL

**The Freedom Centre** – 97 Preston Road, HU9 3QB

**Kingston Youth Centre** – 48A Beverley Road, HU3 1YE

**Parks Family Hub** – Courtway Road, HU6 9TA

**Lemon Tree Family Hub** – 2 Lothian Way, HU7 5DD

**Little Stars Family Hub** – 95 Preston Road, HU9 3QB

**Fenchurch Family Hub** – Fenchurch Street, HU5 1JF

**Acorns Family Hub** – Nestor Grove, HU9 4DB

**Priory Family Hub** – Priory Road, HU5

**Asda** – Mount Pleasant, HU9 2BN

**Centre 88** – Saner Street, HU3 2TR

**Octagon Family Hub** – Walker Street, HU3 2RA