

# Hull Early Help Service Guide

## and performance review 2024/25

"The total support that improves a family's resilience and outcomes, or reduces the chance of a problem getting worse"



Hull  
City Council



# Introduction

Contents

Introduction	02
Our Priorities	03
Early Help Family Hubs	06
Early Help SEND Family Support	10
11 19 Early Help Family Support Service	12
Targeted Pregnancy Support (TPS)	14
Parenting Team	16
Healthy Holidays Hull	20
The Healthy Lifestyles Team	22
Youth Development Service	24
Voice and Influence Team	28
The Targeted Youth Support Service (TYS)	34
ReFRESH, Young People's Drug and Alcohol Support Service	38
Thrive Hull	40
Hull Youth Justice	42

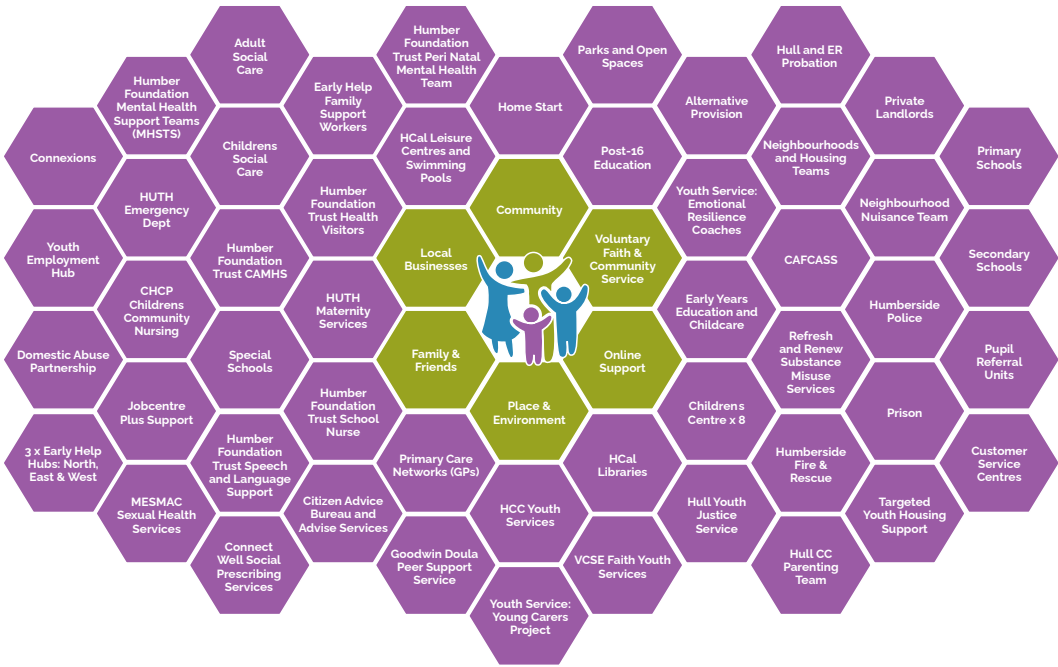
In Hull we have a really strong and proactive Early Help Partnership who work together to support children and families – acting early to prevent problems from getting worse and finding solutions that will make their lives better.

Early Help and Prevention is a whole system approach, a way of working and everybody's business. It is about working in a collaborative way to support children, young people and families to build on their strengths, overcome challenges and make positive changes for themselves.

Our Early Help and Prevention system in Hull involves a wide range of partners all playing a key role in providing support and helping build the resilience of children, young people and families.

Our own local Early Help Partnership in Hull is depicted on page 3, with many agencies and services working across the various levels of support. For example, schools and colleges provide a universal offer for all children and young people but also provide vital early help and additional support for those children who need it. Similarly Health Visitors within our Integrated Public Health Nursing Service offer universal, targeted and specialist public health interventions as per the Healthy Child Programme and work within the whole multi-agency system to offer a coordinated early intervention offer. Our partners in the Police have a clear focus on early intervention, working alongside us and they work proactively with partners in the community.

## Hull Early Help Partnership



The partnership have also delivered a range of events and webinars to share information, knowledge and develop the skills and understanding of partners and practitioners. Events and Webinars have included:

- The facts about Children and Young People Vaping
- Thrive Hull-Children and Young People's Emotional Wellbeing and Mental Health in Hull Event
- Family Hubs and Start for Life Programme Event 'The Journey So Far'
- Teenage Conception, Prevention, Pregnancy & Sexual Health in Hull
- Vaccination and Immunisations
- Race and Health Inequalities in Hull
- Child and Family Poverty in Hull
- Healthy Children, Healthy Families - exploring the importance of healthy childhood weight
- Injury Prevention
- Health of Hull's Children
- The Role of a Trusted Adult
- Young Carers Project
- What is Mental Health?- How to access Support and Thresholds (Thrive Hull Partnership)
- ATTEND Framework
- Professional Curiosity
- Making Effective Early Help Referrals: understanding assessment tools and the significance of Team Around The Family (TAF) meetings
- Hulls Young People Event
- Move More Hull! Get Hull Active Partnership

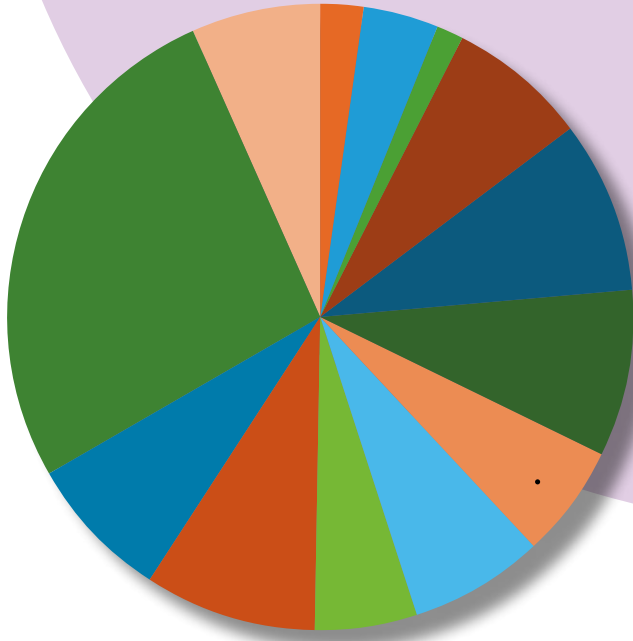
## Our Priorities for 2021-2025:

Hull's Early Help and Prevention Strategy (2021-25) has clear priorities.

1. A stronger focus on the first 1001 days and school readiness
2. Supporting children and young people to make successful transitions
3. Keeping children safe and intervening earlier to prevent and reduce neglect
4. Reducing Parental Conflict and preventing domestic abuse through early identification and intervention
5. Supporting vulnerable adolescents to reduce risk taking behaviours and those at risk of antisocial behaviour or criminal activity
6. Improving emotional and mental health and wellbeing
7. Supporting post-pandemic participation and engagement in positive and enriching activities

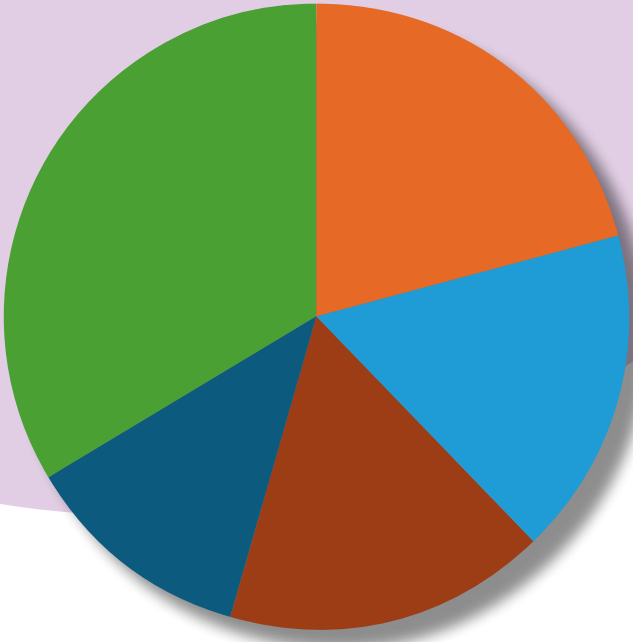


These are a combination of referrals which have been received through the Early Help and Safeguarding Hub (EHASH), at level 3 and directly to Early Help as levels 1 and 2. Some of these may have been picked up by a range of partners, who record on alternative systems, and at the triage stage have been identified as the most appropriate organisation to support the family.



Reason for Referral - Early Help 2024 -2025

- 208 Abuse
- 335 Child with disability
- 132 Domestic Abuse
- 625 Family Dysfunction
- 765 Family with Acute Stress
- 747 Housing/Homelessness
- 520 Mental/Emotional Health
- 603 Other
- 460 Parenting Issues
- 764 Special Educational Needs
- 659 Substance Misuse
- 2335 Universal Family Hub Services
- 557 Young Carers



Referral Source- Early Help 2024 - 2025

- 1837 Health
- 1456 Self
- 1461 Other\*
- 1039 Police
- 2917 School/Education

\* Other includes: Housing , LA services , Other legal agency, Other, Anonymous, Unknown



# Early Help Family Hubs

The Family Hubs provide a 'one-stop shop' for families across Hull. We bring together all the support your family may need, from pregnancy through to young people turning 19 (or up to 25 with Special Educational Needs and Disabilities).

The Family Hubs are a core part of the Early Help delivery model across Hull.

**We focus on helping families with:**

- Becoming a new parent and all the challenges that may bring
- Building loving and responsive relationships with parents/carers and their children
- Infant feeding
- Speech, language, and communication and play at home
- Social activities such as infant massage and play groups
- Peer support for parents and carers including dads and partners and those families with children who have SEND needs
- Links with all other teams who support parents/carers such as Midwives, Health Visitors, Birth Registrars, Housing teams, Nurseries, School settings and financial and budgeting specialists
- Access to antenatal classes and other parenting support as babies grow

There are 12 Hubs, which provide a base for bringing together a range of practitioners supporting close collaboration and alignment of services to form an Early Help Team. All staff work with partners across the locality to deliver an integrated approach to Early Help services, these include:

- Early Help Family Support Workers and Senior Family Support workers
- Early Help SEND Family Support Workers
- Parenting Practitioners
- Targeted Pregnancy Support Workers
- Early Help Coordinators
- Healthy Lifestyles Practitioners
- Youth Workers
- ReFRESH Drug and Alcohol workers

## Family Hub locations



### North

- Lemon Tree Family Hub (North Early Help Hub)
- Parks Family Hub
- McMillan Family Hub

### East

- Acorns Family Hub (East Early Help Hub)
- Longhill Family Hub
- Marfleet Family Hub
- Mersey Family Hub
- Little Stars Family Hub

### West/Central

- Priory Family Hub (West Early Help Hub)
- Rainbow Family Hub
- Fenchurch Family Hub
- Octagon Family Hub

Partners and commissioned services also working out of the Early Help Family Hubs include:

- Birth Registrars - Priory and Longhill Family Hub
- Community Primary Care Access (GP Drop in) - Rainbow Family Hub
- Young Carers Workers
- Drug and Alcohol Workers (ReNew)
- Family Community Work Coaches
- Health Visitors and Health and Development Practitioners
- KIDS
- Home-Start (Hull)
- House of Light
- Midwifery





# Case Studies

## Mum C, Dad A, Child AR, Baby AT

The referral came from the perinatal mental health team. C was pregnant with an unplanned pregnancy and facing being a mother to two children under the age of 2 years. This was also in the face of recent significant disruption in her personal life.

This recent experience appeared to have contributed to a lack of certainty for C regarding this situation and she felt low in mood, vulnerable and without a strong bond to her unborn baby. C reported that she didn't want the baby and considered giving the baby away.

C was very worried about being a mum to two children under the age of 2 and felt that she wouldn't be able to cope. C's relationship with AR was positive. Support to be offered from the Best Start for life team regarding parenting and supporting C to develop a bond with her baby.

Baby AT arrived and C continued to struggle to bond with him, she found it difficult to contain his crying, she told professionals she wanted to throw baby AT at the wall.

## Summary of support Early Help (Best Start for Life Team)

- Home visits to meet the family and create a trusting relationship
- Early Help Assessment completed and shared with the family
- Baby and Me tool used
- Referral to the perinatal mental health team resubmitted after AT was born
- TAF held including 0-19 team, perinatal team and family members
- Escalation to CSC
- Short piece of joint work with CSC
- 1 1 VIG (video interactive guidance) with C and baby AT to support C's bond towards AT

## Outcomes

- Child and Family Assessment undertaken by CSC to assess the most appropriate service to meet child in need
- C has completed two rounds of VIG and was able to identify what was positive about her relationship with AT
- C's mental health has improved
- C states she is in love with AT now
- AT is forming a positive attachment to Mum

## Community Primary Care Access (GP Drop in) - Rainbow Family Hub

### Referral for parenting support

Mum was advised to attend play sessions to begin with as she did not have social networks and therefore was not confident in social situations.

An Early Help Assessment was undertaken and a plan of support was put in place.

A referral was made to the adult social work team for support for mum to get a Personal Assistant as she herself has autism, ADHD and epilepsy.

The family had also visited Dr Joseph Witney for support in making referrals for child and mum.

Disability Living Allowance (DLA) forms were completed with mum to get extra income to support her child.

Mum attended a neurodiversity and learning about managing children's behaviour course at the Family Hub.

A 2-year funding application was made and was successful.

## Outcomes

- Child starting to attend nursery
- Dr Witney has supported the whole family which includes mum, child and maternal grandma.
- Grandma who suffers from her back was seen by Dr Witney and was given medication which has worked effectively.
- Mum has done blood tests at Dr Witney's request which has found some underlying health conditions which are being dealt with.
- Mum is accessing sleep support for child because of a referral made by Dr Witney.
- Mum completed both courses and made two friends on the course.
- Mum's confidence level has risen considerably since attending sessions and interacting with different parents.

# Feedback

*The doctor has done so much for each one of us in this family. He is out of this world. He found out things that no one has really thought about and has been really helpful. We cannot thank him enough.*

## Feedback from Parent C

*I don't feel as stressed as I used to be, I can laugh off small worries and not let them manifest. I feel it's easier now I feel I do love AT. You are more lenient when you love someone.*

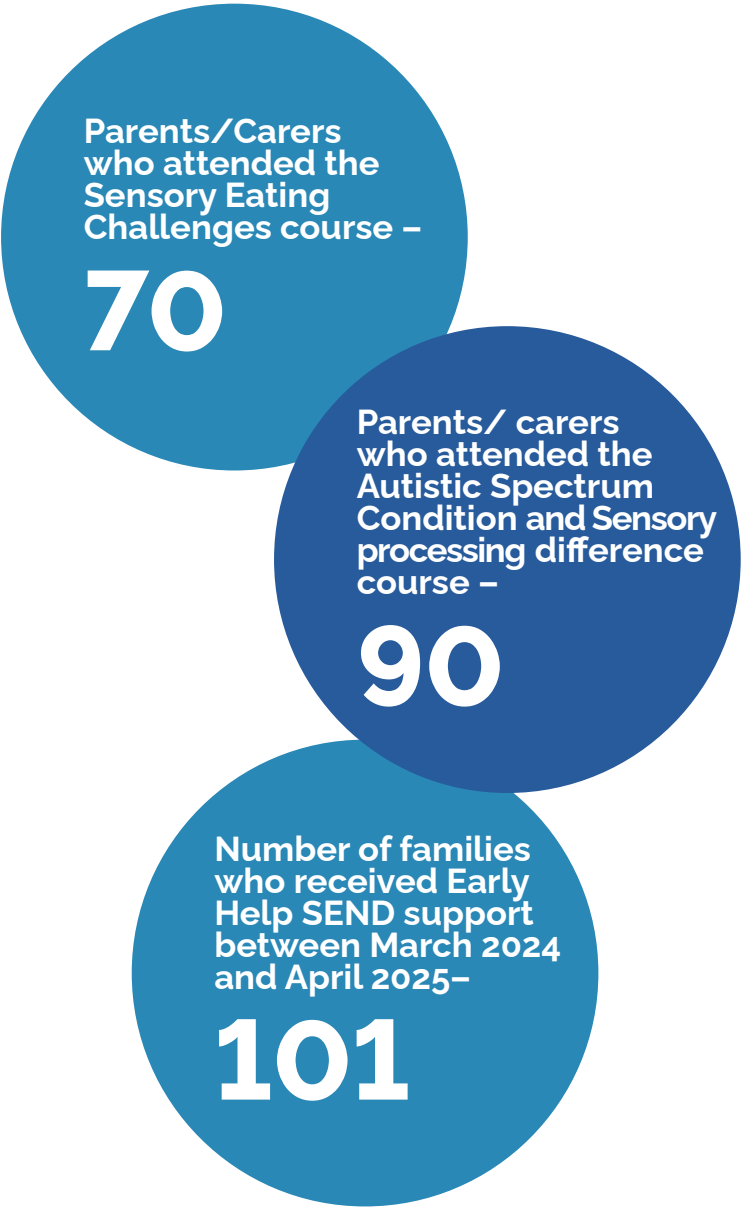
# SEND Family Support

The role of the Early Help (SEND) family support team is to provide a holistic family focused service for children, young people and their families with special educational needs and disabilities. We achieve this through:

- Supporting the early identification of children with SEND in Hull
- The co-ordination of Team Around the Family meetings for families undertaking an Early Help Assessment and family plan
- Working with other agencies and teams including KIDS, LAFSS, Health, Education, Social Care and the Voluntary Sector, to provide advice, information, emotional and practical support
- Offering support for the co-ordination of hospital/medical appointments, helping prepare the families for the meetings and appointments
- Support families to understand reports and recommendations
- Assist families with referrals to appropriate agencies
- Alleviate stress from families by liaising with agencies on their behalf
- Assist families in applying for benefits and allowances
- Provide information on entitlements, funding and grants
- Maintain regular contact with families via home visits and telephone to suit individual family's needs
- Offer advice and information allowing families to make informed decisions.
- Provide opportunities to meet other families through parent peer support groups
- Support with SEND training delivery

How many have we supported:

From April 2024 to March 2025:



## Case Study

Mum T, and child L

### Support from SEND Team

- Regular multi agency Team Around the Family meetings took place with Mum, EH, Health Visitor and Education Inclusion Officer
- SEND services information
- Support given in applying for DLA and an EHCP
- 0-19 Health Assessment – speech and Language
- Referral from GP to dermatology for L's Eczema
- Early Help Assessment and plan in place

### Outcomes

- Family now receiving all the benefits they are entitled to
- Mum's mental health has improved, she feels in a better place mentally to manage appointments, meetings and L's needs
- Mum knows where she can access wider SEND support to meet various needs.
- L is being treated for her Eczema
- L has the support in place in her education setting to best meet L's needs
- L was accessing activities she was interested in such as Art clubs

## Feedback

*The worker met with L every time she visited the home and L's voice is recorded throughout the Early Help Assessment. L shared she would like to be back in school but did not feel she was able to without support. L told me she enjoyed craft and creative activities such as Lego and sewing this helps her feel calm. L was happy to meet with the worker as she felt this helped her.*





# 11-19 Family Support

The role of the 11-19 Family Service is to provide targeted Early Help to families in need of support. We will work with young people, families, and carers creatively to deliver a wide range of evidenced-based family interventions to meet their support needs.

We complete Whole Family Assessments using the Signs of Wellbeing Framework and Outcomes Stars to create effective support plans using SMART goals. We take a multi-agency approach and often act as the Lead Worker for Families. We chair Team Around the Family Meetings to plan and review support and work collaboratively with a wide range of internal and external services.

We are locality based serving the North, East and West of the City and spend time in the community visiting homes, schools, and other venues on a regular basis.

## Senior Early Help Family Support Worker

Total Number of Assessments Completed –  
**270**

**93%**  
initial and final Family Star completion

## Case Study

Referral received from CAMHS Home Treatment Team following A self-harming, however due to be discharged from CAMHS with no other support in place. A has a possible undiagnosed Autistic Spectrum Condition and has been on a waiting list for assessment for 3 years, with little support in place from school. Mum, requires support with setting boundaries. Younger brother B has anxiety and possible undiagnosed ADHD.

### Summary of support from 11-19 Team

- Supported with maximising benefits to claim PIP as Mum has health issues and DLA claim for both children
- Mental health referral for both children
- Multi agency working took place in regular team around the family meetings with Mum A, B and school staff

- Direct work undertaken with both children
- Safety plan completed with Mum, to manage A's self-harm within the family home
- Early Help Assessment and plan in place

### Outcomes

- Family now receiving all benefits entitled to
- A accessing support from MIND counsellor
- A now receiving relevant SEN support in school, on right to choose pathway for Autistic Spectrum Condition assessment
- B remains on the MIND waiting list, mental health support now in place in school
- B on waiting list for ADHD assessment
- Wishes & feelings completed with both children
- Safety plan completed and put in place with Mum, appropriate boundaries in place to reduce A self harm within the home environment

## Feedback

- *Children feel more supported in school and mental health improved*
- *Mum feels better equipped to understand and manage A self-harm*





# Targeted Pregnancy Support (TPS)

TPS is a Family Support service aimed at supporting vulnerable women and families during pregnancy and after baby has been born. The team undertake a holistic assessment with families, providing and coordinating appropriate support/services to meet identified needs. They work closely with the partnership as part of the vulnerable pregnancy pathway, to ensure that families receive the right support at the right time in their pregnancy.

They are a team of four family support workers who support vulnerable families during pregnancy, undertaking the parent and baby star assessment, and use a range of tools and programmes.

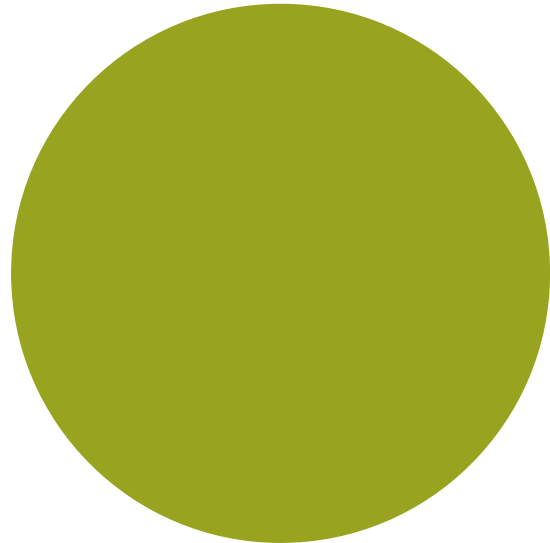
This may include:

- Birth preparation sessions
- Parenting support including support for dads, with a focus on attachment and bonding and ensuring the best start in life for babies
- Housing advice and support including helping with homelessness
- Finance/budgeting/benefits
- Sexual health and contraception
- Smoking cessation advice and signposting
- Substance and alcohol misuse support, working closely with Renew
- Education and employment advice and guidance
- Relationship advice and guidance, particularly around parental conflict
- Support accessing Family Hubs activities and groups
- Passing families on to the First 1001 Family Support staff to ensure the continuity of support in what can be a difficult time for new parents
- Work closely with the Early Help Partnership, including Social Care, Midwifery, Health Visiting, Housing, Domestic Abuse Partnership, Renew, Perinatal Mental Health, Voluntary Sector Organisations such as Homestart, House of Light and the Family Hubs

## We aim:

- To build a strong family where parents are positive role models for their children
- To give every child the best start in life and ensure they stay with their birth parents and family, preventing them from needing the support of a Social Worker
- To improve the situation so families no longer need support from the team and also to ensure they are aware of the wide range of other support and services available as their children grow

Between April 2024 – March 2025:



## Case Study

Mum has seven children who have all been removed from her care and is currently pregnant with with her 8th child.

### Summary of support from TPS team

- Targeted Pregnancy to support family in preparing for baby, strengthening their parenting to enable them to meet all the needs of their baby.
- Mum and dad completed sessions in preparing for baby's arrival this included 1-to-1 antenatal sessions covering handling, coping with a crying baby, feeding and safe sleeping.

### Outcomes

- Baby N was born on the 3rd June 2024. She remained in the care of her mum and dad under a child protection plan
- Mum and dad are meeting all of baby N's physical and emotional needs.
- Mums' mental health has been reported by health professionals as being good and bonded well with baby N.

## Feedback

GroBrain session completed both Mum and Dad.

*End of the session, what do think about what we have just talked about? Mum said, 'I like it, people need to know about it while they are pregnant, as soon as mums book in'. Mum fully engaged and showed me she has got good awareness about what a baby needs, not just physically but emotionally too. She told me she has learnt a lot through courses she has been on. Showed me a folder she has got full of notes.*





# Parenting Team

## Senior Early Help Family Support Workers (Parenting)

The Parenting Team consists of a manager and six practitioners, two based in each locality. They work with parent/carers to support them in managing children's behaviour using positive parenting strategies which can help to improve family relationships, family routines, children's physical safety and children's emotional wellbeing. Parents report improvement in their own emotional wellbeing and self confidence through working with the team or attending group sessions. The team co-deliver with staff across the Family Hubs and other stakeholders and currently have two parent volunteers.

## Strengthening Families Strengthening Communities (SFSC) Intensive 4 hours a week, for 13 weeks

This focuses on cultural parenting and reflections of parents own parented experiences and parenting strategies to support positive family relationships going forward to bring up children to become responsible young adults. The SFSC books are available in many languages to support learning for those whose English is not their first language.

## Solihull Approach in Hull For Professionals

Hull City Council have invested in the Solihull Approach for several years, enabling Hull parents and carers, parents to be and teenagers, to access Free Online Guides which can support them with communication, behaviour and relationships within their families and others within their support network. Guides are available around Brain Development, Supporting Children with Additional Needs, Understanding your Emotions in Relationships, Understanding Anxiety and Trauma amongst others. The Guides support emotional health and wellbeing for 0-19 + The Guides can translate into most languages and an audio voice over is also available.

## Parenting Offer using the Solihull Approach

### Face to Face – Getting to know your child has been delivered in Hull to parents of Adolescents aged 10-17 years.

This 10 week programme aims to develop a framework of thinking about the Parent (carer) / Child relationship. Using the three components of containment, reciprocity and behaviour management the programme explores the following:

- Tuning into your child
- Exploring feelings
- Parenting styles
- Communication – what is communicated through behaviour?
- Emotional dysregulation – what is your child trying to tell you?
- Sleep patterns
- Behavioural difficulties

### Online

6 week online group programme (including evenings) which aims to give parents a better understanding of their child's brain development at different ages and stages of growing and how they can improve parent/child relationships.

## Parenting Advice & Support Workshops

Workshops are delivered in Schools, Community Centres, and other settings to speak to parents/carers and share information on what support may be available to them or provide a targeted session on an area of parenting that they have identified they would find useful. Parents are referred onto parenting groups.

### 1-1 Parenting sessions

These are intensive or targeted parenting sessions delivered on a 1-1 basis, online, at the parents' home or in a community setting. Parents who work full time, have a disability or have childcare commitments are supported on an individual basis to meet their needs.

## Referrals 1st April 2024 – 31st March 2025:

### NHS Foundation Trust Solihull Adolescent/ Trauma

These are 2-2 ½ hour workshops supporting parents to understand children's brain development and how it can impact upon risky behaviour of teenagers. Some workshops have also provided specific information around understanding the impact of trauma on families and how to support children affected by it. Parents can attend these workshops prior to attending a parenting course and some may find the workshops sufficient to support them in understanding their communication and relationships

444

Families triaged for 11-19's Parenting

145

Family Star and Plans Completed (Pre and Post Intervention)

112

Families received Signs of Wellbeing Assessments and Plans

145

Parents who attended Intensive Targeted Parenting groups

132

Parents attended School Workshops

72

Parents attended Adolescent/ Trauma Workshops

Number of Parents Triaged for Parenting Team

444





# Case Study

## Family consists of two children, aged 15 and 8 along with Mum and Dad.

The family were referred into Early Help due to having problems with their eldest daughter both at home and in school. Their relationship was fractured, and they struggled to manage her emotions and dysregulation. Their daughter was also waiting for and Autistic Spectrum Condition Assessment.

The parenting practitioner gained wishes and feelings from the children and information from wider family members. Both Mum and daughter have been affected by significant trauma through domestic abuse through a previous relationship. Parents shared in the introductory week of the Solihull Approach, that they would like to be able to manage their daughters' anger, build better relationships and learn some strategies to instil boundaries that would keep her safe.

## Outcomes

- Over the weeks of the course Parents shared that by using reciprocity and containment and behaviour as a means of communication, they were able to reflect on their responses to their children. They began to report that they were managing big feelings from their daughter using containment and understanding which led to her feeling safe and regulated
- Both parents openly shared that they learnt a lot about themselves over the course of 10 weeks and were then able to reflect on how they responded to each other and the children.

## Feedback from parents:

**Mum** *"when we looked at the dance of reciprocity, I realised I remained at the peak of an interaction for a long time and that can be difficult for the rest of the family. I can now recognise when it is too much for them so there is less frustration between us".*

**Dad** *"the course has improved our family life and relationships. We have both embraced all of the theory in the course around behaviour management using a form of communication and as a result we have a much happier household."*





# Healthy Holidays Hull

healthy  
holidays  
hull

Healthy Holidays Hull is a city-wide approach to deliver the Department for Education funded Holidays Activity and Food (HAF) Programme. The programme aims to ensure that all children and young people across every area of the city have access to safe, fun and inclusive activities.

The programme provides a range of activities including sports, arts, dance, outdoor education and enrichment activities with a food element open to all children in the city. This year the Healthy Holidays Hull Team delivered a programme across 2024/25 in summer, winter, February half term, and Easter.

Healthy Holidays Hull provides support for families facing challenging times during the holidays by offering free activities to alleviate pressures. It also offers a fantastic SEND programme and provides opportunities through the Family Hubs, Youth Centres, Strategic Partners and a wide range of Voluntary Community Sector (VCS) groups across the city. This enables the programme to provide opportunities for individuals to learn new skills, make friends and build confidence.

The Voluntary and Community Sector (VCS) is a key ingredient that makes the HAF Programme in Hull a success. Having a trusted and reliable VCS network working alongside the 6 strategic partners ensures that there is full city coverage

of a programme across all communities. This enables the programme to target all ages and provide a variety of opportunities for children and young people in Hull. The partnership work and collaboration creates unique opportunities and engages children and young people in fun, safe and enjoyable activities as well as creating and developing community relationships.

Healthy Holidays Hull provides opportunities for families to do things together and have fun, and for young people to hopefully continue participating and engaging in activities outside of the holidays.

*The Healthy Holidays Hull Annual Report for 2024/2025 can be found on the Healthy Holidays Hull website. [www.healthyholidayshull.org](http://www.healthyholidayshull.org)*



70

VCSE organisations deliver on the Healthy Holidays Hull Programme

6

Strategic Partners deliver on the Healthy Holidays Hull Programme

20,593

individuals engaged in the programmes across 2024/2025

41%

of individuals were in receipt of free school meals

48

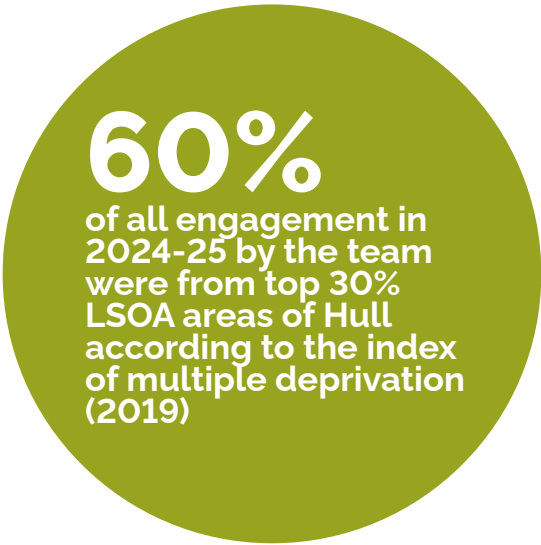
days delivery across 4 programmes in 2024/2025 (DfE require only 24 days delivery)





# Healthy Lifestyles Team

The Healthy Lifestyles Team form part of Hull's whole system approach to tackling an unhealthy weight in childhood, working closely with School Nursing, Family Support Practitioners and Public Health amongst many more. Located within Early Help and Family Hubs, the team are uniquely positioned enabling them to embed provision for some of the city's youngest families at the earliest opportunity. The team sit within the wider Health and Wellbeing Team alongside the Holiday Activity and Food (HAF) and Thrive initiatives.



The team are directly responsible for co-ordinating and delivering the 'Us Mums' pre and post-natal wellbeing programme. This includes food and nutrition education which increases access to healthy, affordable food alongside the HENRY parenting programme and early years physical activity initiative 'Tots Get Moving'. The Early Help Activity Co-ordinator roles sit within the Healthy Lifestyles structure. Their focus is supporting the First 1001 Days of a child's life, this critical period has been identified as a key strategic priority.



## Case Study

The Healthy Lifestyles Team's Early Help Activity Co-ordinator developed a relationship with a local mum attending a session at Acorns and Longhill Family Hub, enabling support to be offered at the earliest opportunity.

Early Help Activity Co-ordinators provide frontline delivery of sessions for young families across the Family Hubs. These sessions promote inclusive opportunities to develop peer support networks, raise parental confidence and develop parent/child relationship.

Often the first line of engagement for a large number of families, provision enables early intervention to be implemented before escalation, in this instance for a mum who had undiagnosed post-natal depression.

### Summary of support from Healthy Lifestyles team

- Mum attended infant massage course with her baby and showed signs of distress and became overwhelmed
- The Early Help Activity Co-ordinator created an infant massage session specifically for mum to create a safe space, inviting two other parents who were also finding the early days of parenting challenging
- The Early Help Activity Co-ordinator built in time before and after the session to support mum and ensure she could talk openly and freely on a regular basis
- Mum was signposted to the 'Us Mums' programme, also ran by the Healthy Lifestyles Team. House of Light were attending a Buggy Walk to raise awareness of their service, the Early Help Activity Co-ordinator felt mum would benefit from this opportunity

### Outcomes

- Mum attended the Us Mums buggy walk and connected with a House of Light colleague
- Mum has continued to engage in an additional First 1001 Days themed session as a result of the Early Help Activity Co-ordinator taking time to develop a relationship with her
- Mum successfully completed a programme of infant massage
- Support has gradually been reduced and mum is now confident and thriving as a parent
- Mum made peer support connections with the other parents
- Improved wellbeing and confidence within the parent
- Improved parent/child relationship as a result of improved wellbeing

**Feedback**

*"When I started the session in 2023, I had undiagnosed post-natal depression"*

*"I think this session helped me get through that in the early days"*

*"Becky would always come over and check in, it's like she knew I wasn't feeling right and wanted to see if all was ok"*

*"she always made me feel like I wasn't alone which I have never actually thanked her for. I will be sad when the day comes when I can no longer attend these sessions"*



# Youth Development Service

The Youth Development Service works with young people (aged 10-19 and up to 25yrs for those with disabilities and or learning needs) through their voluntary participation in Universal and Targeted youth work and is part of the Early Help Offer which aims to prevent the need for support from specialist services.

The Youth Development Service (YDS) delivers community-based youth work opportunities (daytime and evening) all year round from five Youth Centres within the three Localities across Hull, and outreach work in schools and outdoor spaces within local communities.

Contact the Youth Centres for more details on their youth work offer:

- Kingston Youth Centre – 331238
- Ainthorpe Youth Centre – 306741
- Route One Youth Centre – 491960
- Astra Youth Centre – 310925
- Andrew Marvell Youth Centre -791226

## The Service delivers youth work support and opportunities through:

**One to one work** - Additional tailored support or intervention to meet a young persons identified needs and issues. Access is through referral.

**Small group work** - This approach is used to support young people to discuss issues and build a stronger peer network in a safe and often closed group environment. It can also be a stepping stone onto further larger groups or pursuing interests or aspirations.

**Large group work** - Offers a consistent community based opportunity for young people to participate by their own choice in interest groups or social groups. These sessions provide an opportunity for youth workers to build relationships with young people to support their emotional well-being and identify issues before they develop further.

**Outreach work** - Going out to meet young people where they are. This is often in schools but can be at the home or where they are meeting up with others in the community. The service supports young people who go missing and gives them a voice and support for resolution and next steps.



- 1 The Warren**  
47-48 Queens Dock Avenue, HU1 3DR - Tel 218 115
- 2 Kingston Youth Centre**  
48a Beverley Road, HU3 1YE - Tel 331 238
- 3 Goodwin Development Trust**  
Walker Street, HU3 2HA - Tel 328 413
- 4 Hessle Road Network**  
1 Massey Street, HU3 2LA - Tel 606 077
- 5 Ainthorpe Youth Centre**  
Helmsley Grove, HU5 5EB - Tel 306 741
- 6 St Michael's Youth Project**  
Orchard Park Road, HU6 PBX - Tel 805 263
- 7 Route One Youth Centre**  
Hall Road, HU6 8PP - Tel 491 960
- 8 Bridges Project**  
Bridges, Pennine Way, HU7 5EF - Tel 820 019
- 9 Astra Youth Centre**  
100 Barnstaple Road, HU7 4HQ - Tel 310 925
- 10 The Vulcan Centre**  
2 Heron Street, HU3 3PF - Tel 229 230
- 11 The Hut Child Dynamix**  
187 Preston Road, HU9 5UY - Tel 781 121
- 12 Andrew Marvell Youth Centre**  
Barham Road, HU9 4EE - Tel 791 226
- 13 Cornerhouse**  
29 Percy Street, HU2 8HL - Tel 327 044

## The youth work offer also includes:

**The Hull Young Carers Project** - provides assessment and one to one support for young people impacted by caring responsibilities

**Turn 2 Us** - is a universal offer for young people who would benefit from connecting with community activity and low-level emotional support from a youth worker.

**Smile** - is a targeted 12-week group work intervention for young people delivered in local youth centres. The group work offers a mix of activities to help young people understand their feelings, increase their confidence and selfesteem, build positive relationships with family and friends and a stronger peer network.

**Emotional Resilience Coaches (ERCs)** – provide a flexible delivery approach to provide between 8 -10 sessions of one-to-one targeted support tailored to meet the individual needs of a young person. They provide help and support for their **mental** health and well being. This service is accessed via referral.





Youth Development Service 2024-25 data:



27,634

Number of attendances

6,492

Individual young people receiving a service

252

Individual young people attending young carer support sessions

119

Individual young people supported by Emotional Resilience Coaches

6,301

Turn2Us attendances

392

Return home interviews undertaken

151

Hull Young Carers Wellbeing Grants granted, total spend £43,300

129

Young Carers Assessments completed

1,730

Youth outreach contacts

"After I finished school, I want to go to college and continue with hair and beauty. I want to get a job, but I am afraid that I will be judged because of my background. Accessing youth work has helped me meet different people and helped me realise that diversity is positive"



## Case Study

H is a 13-year-old, white British male who started to attend the Kingston Youth Centre 'Otherwise' sessions. These are sessions delivered specifically for those young people who are electively home educated. H started to attend the sessions in January 2024 following work with the emotional resilience coaches. H is diagnosed with autism.

H presented as extremely anxious, often hiding behind his hoodie, and barely speaking to any staff or young people. H had experienced a massive decline in his mental health due to the school environment. He then became elective home educated. H found it extremely difficult to make friends.

### Support Provided

- After a conversation with H it became clear that he had a keen interest in sports. Our youth workers invited H into the sports hall and engaged him in a game of football slowly introducing him to other young people with similar interests. They also 'check in' with him each session to gain an understanding of his mood that day
- Each week the team slowly introduced new things to H and challenged him to leave his comfort zone. They provided support for H to access other services within the city and those that use our building by being a trusted adult for him

### Impact

- Since attending the Kingston Youth Centre 'Otherwise' sessions there has been a significant change in H's confidence and social skills.
- H is willing to engage with all youth workers and young people. He will now participate in a range of tasks/activities – not just restrict himself to the sports hall
- H has made new friends, resulting in them spending time together outside of the group and he has participated in youth centre trips to East Hull Wheels and Yorkshire Wildlife Park. Something he would not have done previously without a family member in attendance
- Outside of the youth club H has developed his confidence to such an extent that he will now attend different events and places every day including the go-karting academy, football training, and other youth clubs
- It is reported that, H lacked confidence in education due to leaving the formal education setting, however, now he has developed the confidence to be able to attend private tuition, being taught within a small group. It is reported that H is making great progress with his education too
- H's family state that he has become more outgoing, responsible, and passionate about specific interests

## Feedback

*"The youth club's focus on inclusiveness, teamwork and creativity has also positively influenced H. Thank you again to all the staff for creating such a welcoming and supportive environment for our young people. We are truly grateful for the positive impact your youth club has had on H's life."*

*R, Mum of young person*



# Voice and Influence Team

The team is based in Integrated Youth Services and located centrally at Kingston Youth Centre. They support a wide range of Voice & influence activity and are actively supporting the city wide Voice & Influence Partnership.

The dissemination and embedding of the Lundy Model of Participation across services is a key function of the team. Staff members support various sub-groups as well as the external Voice and influence partnership. Supporting young people to have their voices heard and acted upon in

local, regional and national forums.

The Voice and Influence team directly support The Young Mayor, UK Youth Parliament Reps and YVIC Hull's representative children in Care Council

Shine Bright a song written and released by YVIC was announced the song for 2025 which replaced the music on hold for Hull City councils 300300 line.

The Hull Music service disseminated the song and all primary school children have learnt the song to sing at an event at Connexion Arena.

This year the youth reps have been involved in the widening out and increasing the frequency of opportunities to actively promote participation in decision making by widening participation and using the Laura Lundy Model to review how we choose the right space for children and young people to participate meaningfully.

As a result 20 Pop -Up Parliaments have taken place within existing schools and community groups meeting children and young people where they are supported by their trusted adults. These meetings have engaged 500 young people and have captured their voice.

## Voice & Influence

130 Young people from Hull attended Youth Parliament in October where Eunice was voted in as Hull's Young Mayor on her manifesto of Health & Wellbeing. Eunice believes looking at what children and young people need to be healthy and have high levels of wellbeing are opportunities to feel safe and well in their communities, have things to do and the supporting manifestos from other applicants all support this. Therefore all manifesto points, safety of women and girls, bereavement support for young people, promoting involvement and engagement with positive activities, and promoting opportunities to gain meaningful work experience will all be covered.

The Cards You're Dealt made by YVIC was successfully launched in corporate parenting week May 2024 which uses the fun medium of a card game to hear the voices of young people and their lived experiences of being cared for by the Local Authority.

Staff members have taken part in The Cards You're Dealt including the Chief Executives Senior Leadership Team. They have been played at numerous events as far as Ghent University in The Netherlands and have had interest from the BBC as well as Local News.

120 health professionals took part in playing the cards at a bespoke health event in Hull.



## Case Study

**C was referred to the emotional resilience coaches after not being at school for 2 years following a false accusation of sexual assault – leading to bullying and harassment from peers. C's concerns were anxiety, anger and low mood.**

- Emotional Resilience Coach met weekly (6 sessions)
- Work around anxiety, cycle of anxious thoughts, challenging anxious thoughts, breathing techniques, grounding techniques (5,4,3,2,1) and rationalised thinking
- Work around anger; causes, how anger can present, early signs of anger, calming techniques and identifying triggers
- Work around low mood, signs of low mood, how to support self when feeling low, helpful hobbies and talking with supportive family and friends
- General conversations held around previous experiences within the family and what support was on offer for C and Mum
- Discussions around youth provisions in area – offer to take C but declined

- Discussions around activities in the area for C to join in (boxing/bike riding)
- Discussion around college and exploring opportunities to continue C's education
- Discussed accessing GP to explore other treatments for suspected schizophrenia / hallucinations
- Discussed accessing the employment hub for support with CV/apprenticeships

## Outcomes

- C stated they are feeling great and can manage their MH better – finds talking to mum easier and will ask her for support
- C attempted to rejoin school for exam period (too late in the year) so has attended college with Mum to arrange Sept start date
- Mum supporting C to access GP for appropriate MH support for potential schizophrenia

## Feedback

**C –** "I have really enjoyed working with you, does it have to stop?" "I feel I can control my moods a lot better and will talk to my mum and girlfriend when things get bad"

**Mum –** "I can see a huge difference in C, thank you so much, I have never seen him speak to someone so comfortably about his mental health"





## Parent Carers Panel

The first Parent Carer Panel (PCP) was held at Acorns Family Hub in July 2023. In total we have held 13 Parents Carer Panels across the city, with the 14th scheduled this month to be held at Rainbow Family Hub. There was also a celebration event held on 25th July 2024 at Fenchurch Family Hub on to recognise those parent/ carers and professionals who had contributed during the first year of the PCP being implemented.

The Parent Carer Panels are made up of Mums, Dads and Carers, alongside a range of professionals including – Family Hubs, 0-19 Integrated Public Health, Specialist Breastfeeding Support, Parents Infant Well-Being Home Start and House of Light, Kids Befriending service, Healthy Lifestyle Team, Dads and Male Carers peer support offer

Home Start, Specialist Public Health Nurse for SEND and not forgetting Children and Families.

We have had a total of 275 attendees across all meetings, this equates to 137 parents/ carers and 138 children. The Parent Carer Panels are an opportunity to bring together Parents and Carers with Children 0-2 years old. Through the funding Hull received from the DFE to develop a Family Hubs network and services it was an expectation that Parent Carer Panels were implemented.

These panels have made a great impact to parents/carers as it has given them the opportunity to voice opinions and make positive improvements to services. Outcomes from the PCP include development of the Family Hub Website and subsequent

improvements, Family Hub welcome Video created for each Hub and Welcome Champions embedded in each Hub.

The PCP facilitate dedicated and specific time for face-to-face meetings between Parent/ Carers and a range of Professionals. A key aim of the meeting is to collate families experience of engaging with all services throughout the crucial first 1001 days. Therefore, having Health Visiting and Infant Feeding specialist services present has facilitated these important conversations.

The Parent Carer Panels are promoted through key staff sharing in activity sessions and 1:1 home visit as part of outreach. Panel facilitators are keen to reach diverse groups in the community and have worked

hard to identify individuals who are from a range of ethnic and marginalised backgrounds. The panel also invites fathers, male carers and families who have children with SEND. Parents and Carers are given the opportunity to visit Family Hubs outside of their locality. Parents who attend are then contacted directly with future meeting dates and venues. We have supported with transport costs where families are travelling significant distance from their home to support access.

Parents/Carers have told us that they have found it very beneficial and interesting to visit a hub that they ordinarily do not access.

## Youth Justice

The therapeutic art service is accessed by young people open to Youth Justice Services. Over the first year during 2024/25 almost fifty different children have been seen: some only once but most more regularly. During the sessions and when appropriate, each child has talked frankly and openly about their lives and issues which has provided useful information for those working with the children in other areas. Evidence is from case managers who work with the children and have seen a positive change in their attitude and demeanour.

Nearly all the children who have attended art sessions have left with a piece of work which they are proud of, showing their newfound skills. Most children are keen to take work home to

share with parents and carers and often they will show staff what they have been working on in a session. The feeling of pride and accomplishment helps to build confidence in their skills and increases self-esteem.

Whilst working in an art session children are encouraged to think and talk about their feelings and to use the time to express how they are feeling. Sometimes this is an abstract concept which shows in mark making or choice of topic and at other times it is more obvious such as T shirt slogans or abstract paintings.

## Feedback from parents:

**Georgia:**  
*"I am glad I came to the Parent Carer Panels. It was positive, and I learnt a lot."*

**Hannah:**  
*"Everyone was really welcoming. I thought the Parent Carer panels were good and useful. I didn't know what PEEP and GroBrain were, it was good to learn all about it from the Family Hub team and I hope to go in the future."*



## Feedback

*"My son really enjoyed doing his art, he was very proud of it" "Having the option to talk to someone was good" Feedback from a parent of a young person receiving services from Youth Justice and accessing art therapy.*



## Health and Wellbeing Team

The Health and Wellbeing Team is part of the Children, Young People and Families (CYPF) Directorate within Early Help at Hull City Council. Our mission is to improve the health and wellbeing of children, young people, and families across Hull through a range of impactful programmes, including the Healthy Lifestyles Team, Healthy Holidays Hull, and the Thrive Hull Partnership.

At the heart of our work is a commitment to listening to and empowering service users of all ages. Their voices are embedded in our daily practice and play a vital role in shaping the services we deliver.

## Thrive Hull

Thrive Hull is a city-wide initiative focused on promoting emotional wellbeing and resilience among children and young people. A key element of the programme is the active collection of young people's voices, ensuring their lived experiences inform the support they receive.

This co-production approach is reflected in the development of the Thrive Hull website and a series of youth-led videos. Young people have contributed to designing content, sharing personal stories, and influencing how information is presented and accessed.

Through our work with education settings and the Whole School Approach model, we champion student voice—ensuring children and young people are not only heard but are active partners in creating a school culture that supports wellbeing for all.



## Healthy Lifestyles Team

The Healthy Lifestyles Team engages with parents and service users through a variety of feedback channels. Staff routinely gather session feedback to inform and improve service delivery, capturing insights into

what participants find helpful, what could be improved, and what they enjoy most.

The team also contributes to Family Hub Parent Carer Panels, using this input to

shape the services they provide. Additionally, short videos are used to showcase the impact of key programmes, including the Early Help Activity Coordinator initiative and the HENRY parenting programme.

## Healthy Holidays Hull (HHH)

Healthy Holidays Hull is a city-wide initiative offering free, fun, and inclusive activities with food provision during key school holiday periods. The programme is delivered in partnership with over 80 local voluntary and community sector organisations, strategic providers, Hull Culture

and Leisure, and others.

Young people's voices are central to shaping the programme. To support this, the HHH programme funds a dedicated post within the Voice and Influence Team to capture and embed youth voice in the design and delivery

of activities. For example, based on feedback from young people, we now host a dedicated event for 11–16-year-olds, which has been refined year-on-year. A participant survey also informed improvements to our marketing and branding, helping us better connect with our audience.



## Get Hull Active

The Get Hull Active programme, part of Sport England's Place-Based Expansion initiative, is coordinated by a core team based within the Health and Wellbeing Team. The programme aims to reduce physical inactivity across all age groups in Hull through a systemic, whole-city approach.

A key element of this work is co-design, grounded in lived experience. In partnership with StreetGames, we have gathered the voices of children and young people across the city by working through Locally Trusted Organisations. These organisations have been supported to build their capacity

to capture youth voice effectively. This collaboration resulted in a comprehensive report reflecting the views of over 750 young people on the barriers and enablers to physical activity in Hull. These insights are actively shaping the full programme bid and future delivery.



# The Targeted Youth Support Service (TYS)

This team provides early help and targeted support to prevent homelessness and help young people make positive transitions to adulthood. The service offers support, advice, and guidance on a range of issues including:

- Housing and Homelessness
  - Independent Living Skills
  - Staying Safe
  - Relationships
  - Family mediation
- Finances
  - Emotional and Physical Well being
  - Education Training and Employment
  - Substance Misuse

## Our Teams

### Access and Support

The team provides a daily walk-in service providing advice and support for young people and families contacting the service on a broad range of issues often in crisis and requiring immediate help.

### Housing Options

Same day housing information, advice and support is made available for young people and professionals to make informed choices. The team will help find or maintain suitable accommodation to prevent homelessness and or make more planned moves into independence through an individualised Personalised Housing Plan.

### Shared Accommodation Team

Provides furnished accommodation with named support to young people aged 16 -25 across the city.

### Gateway

Furnished accommodation with the provision of a named worker to provide intensive housing support to young people threatened with rough sleeping and or repeat homelessness.

### Passport to a Property

The Passport to a Property programme helps young people further develop their skills and confidence to make positive and successful transitions to independent living.

### Specialist Accommodation Support

Intensive support to Care Experienced young people threatened with or experiencing homelessness.

### Stay Close

Provision of a named and consistent worker supporting the development of independence skills and facilitating planned transitions for young people from residential settings to more independent move on accommodation through an individualised personal housing plan.

### SHAP

Delivers intensive support to young people aged 18+ who are most at risk of homelessness or rough sleeping. A named worker will support a young person to build on independence skills and find and sustain stable accommodation.

## Key Performance Data





# Case Study

CW presented to the TYS duty service after been asked to leave her Aunties House and had nowhere to go. CW had lived with various family members, but her behaviours and needs had resulted in relationship breakdowns and previous homeless periods.

CW had a number of vulnerabilities and had experienced numerous missing episodes and was involved in criminal behaviour and misusing substances with a very limited support network.

## Support Provided

Early Help assessment completed identifying both strengths and needs and CW was supported under a Personalised Housing Plan with supported accommodation which prevented rough sleeping and provided some stability for further work.

CW's previous SW contacted for background regarding her support needs and additional needs, developmental delay, ADHD identified. CW was very vulnerable and at risk of exploitation.

## Outcomes

- Built and maintained a positive relationship adopting a Trauma informed approach
- Supported CW with her emotional wellbeing and medical appointments and Universal Credit claim established
- Joint work with Supported Accommodation providers, Together Women and Refresh who have worked with CW around her alcohol use, emotional health and relationships
- Accessed a Care Act needs Assessment and a positive transition to adulthood with Adult Social Care providing long term supported accommodation which CW really likes and has made new friends

# Feedback

*CW said she would "want RH to support me forever" and feels positive about her move to her new home and is now feeling "really happy and have made some new friends"*

*RH has been invaluable, has given guidance and advice on keeping safe and protected CH in the community and online, helping and promoting CW's daily living skills, witnessing her capacity of need and feeding this back to adult services social worker which enabled CW to get a good outcome to her care act assessment and new accommodation.*

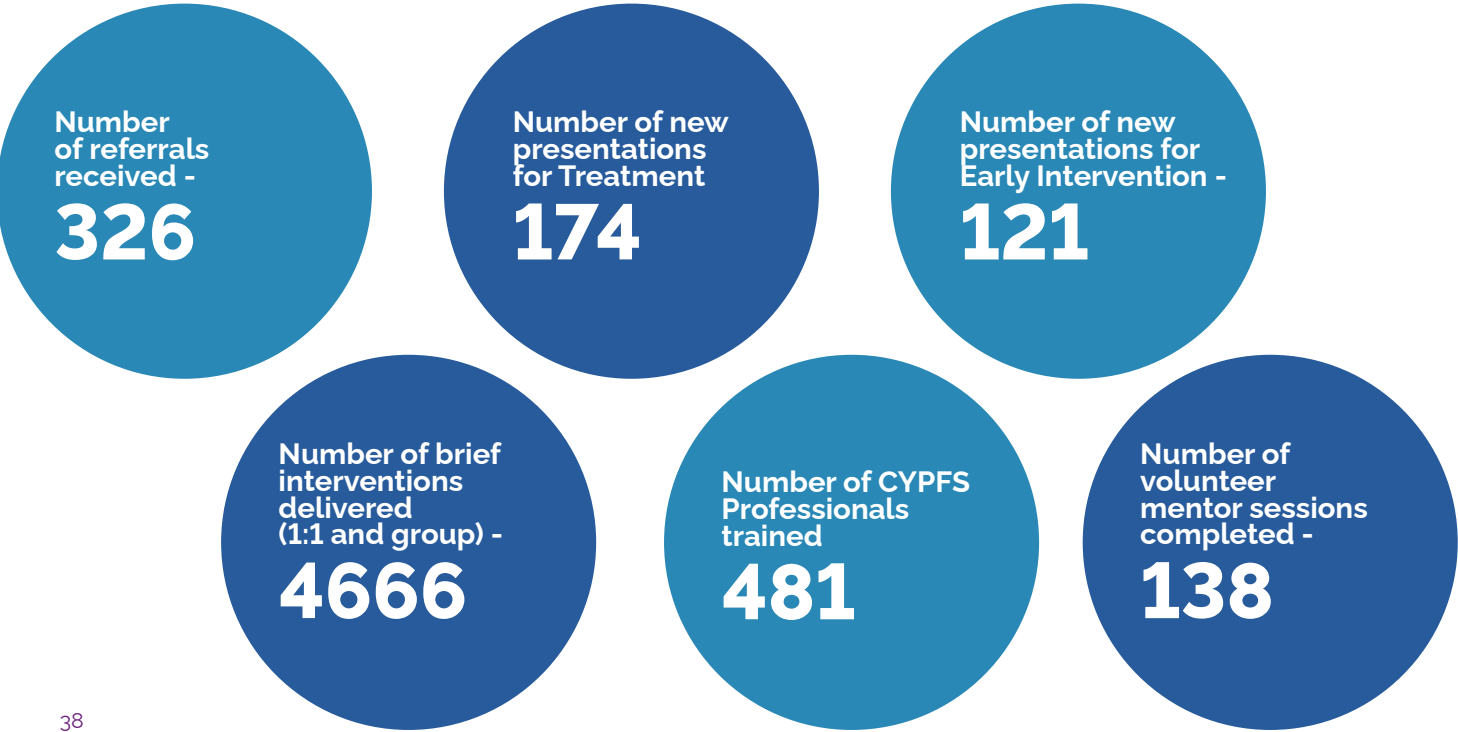


# ReFresh, Young People's Drug and Alcohol Support Service

ReFRESH is the Young Peoples Drug and Alcohol Service for Hull and are part of Hull City Council's Integrated Youth Support and Early Help Offer. We Support Young People aged 11-19 with a variety of issues/complexities and take a holistic approach to the work we do.

ReFRESH Engagement/Early Intervention offers classroom/group-based sessions focussing on advice and education to young people around substance use/misuse. Also offer 1:1 support for young people who are starting to experiment with substances, or to those that are not using but are vulnerable due to family dynamics, social and/or wellbeing issues. We offer sessions aimed to educate and build resilience of young people.

## Key Data



## Case Study

### Background and reason for ReFRESH Support

Young person had high level support needs for emotional wellbeing, anxiety, anger outbursts, cannabis use, risky alcohol use leading to being highly intoxicated and posing a risk to his own and his families safety.

### Summary of support from ReFRESH Team

- Completion of screening, comprehensive substance misuse use assessment and care planning
- Motivational sessions looking at the stages of change, decisional balance and promotion of alternative diversionary activities
- Completion of alcohol diaries and sober exercise
- Emotional resilience coaching
- Emotional literacy training
- Drug and alcohol education
- specialist harm reduction
- strengths-based approaches
- Family intervention

### Outcomes

- Stopped cannabis use
- Reduced frequency of alcohol use and amount of alcohol consumed on each occasion
- Improve communication with Mum
- Involved in new activities that divert away from boredom which leads to drinking
- Improve physical fitness and stamina
- Gained an apprenticeship in bricklaying

## Feedback from parent

"I would just like to say a massive thank you to you, for all your support, you have gone above and beyond for my son, helping him through all of his struggles and I truly believe if it wasn't for your support we wouldn't where we are now, not just his relationship with cannabis but with his life's choices also. You have helped my family and we will be forever grateful."





# Thrive Hull



The Hull Thrive Partnership is a group of organisations and professionals working collaboratively in Hull to improve outcomes for children, young people and their families' emotional wellbeing and mental health.

We believe that by working together, in a trauma informed way, is the only way to turn the curve on the levels of mental ill health in our population. With one in four of our young people at secondary school age suffering with their mental health, this way of working is needed more than ever. To help achieve joint working and understanding, the Hull Thrive Partnership has adopted the THRIVE Framework as it provides a set of principles for creating coherent and resource-efficient communities of mental health and wellbeing support for children, young people, and families. It aims to talk about mental health and mental health help and support using a common language that everyone understands. As a partnership we also have a strong focus on prevention, communication and tackling health inequalities with the aim of 'making mental health everyone's business', and not just the preserve of clinical, mental health professionals; we all have a role in listening and building trusting relationships with children and young people.

The Hull Thrive Partnership is jointly led by NHS Humber and North Yorkshire Integrated Care Board (Hull Place) and Hull City Council.



## Impact of Early Help Education Officers support

The Early Help Education Officers work with schools to promote, develop and embed the Whole School Approach model (WSA) focusing on promoting mental health and wellbeing in the school community. Officers support Senior Mental Health Leads (SMHL) to audit provision and develop action plans. Schools are offered bespoke training sessions around the eight principles of the WSA model to support staff, children, young people and families.

As part of early intervention and prevention support, eight schools have adopted the Team Around the School model which brings together Early Help colleagues and specialist partners to identify appropriate and effective support pathways for children and young people.

### Quote 1

"We found the meetings extremely beneficial and welcomed the collective thoughts around some of our complex pupils. We have multiple agency meetings for various pupils, the needs of our cohort vary significantly. The TAS meeting allowed to see real time referral processes and excellent recommendations to what's available for YP across the city. Having the professionals from varying agencies also enabled great information sharing and historic access to services that we may not have been aware of." (SMHL, SEND school)

### Quote 2

"Our school experience of TAS this year has been a hugely positive one. The opportunity to gather together people with a great diversity of experience across the youth sector in the city has been invaluable. A number of our pupils have received support as a result of these meetings, and we are so grateful to be involved." (SMHL, Secondary School)

Further support is offered through the Solihull Approach cascade training; This has been delivered to professionals from all phases across our education providers as well as Mental Health Support Teams, HEYMind practitioners, Community & Voluntary workers and Outreach teams, promoting a city-wide approach and shared language and understanding that focuses on early intervention and prevention approaches. This training aligns with Early Help collaboration and joint delivery to raise the profile of the Approach.

## Feedback from conference attendee

Thrive Conference 2024: Keynote speakers and workshop facilitators from both national and local organisations and services presented topics around own lived experiences and the impact on mental health and emotional wellbeing.

"This was an excellent conference, with diverse speakers and content. Well worth a full day out! Thank you to the organisers!"



The partnership works with over 80 organisations, services and projects across health, care, education and the VCSE supporting the city's young people to have good emotional wellbeing and mental health

94% of schools have drawn down school Senior Mental Health Lead funding

350 delegates attended Thrive Conference

8 Schools adopted the Team Around the School model

16 Team Around the School meetings held this academic year

200 individuals completed Solihull Approach training



# Hull Youth Justice

Hull Youth Justice Service is a statutory service of the Council and is focused on working in partnership to promote positive outcomes for children, by reducing offending, supporting victims of crime and working to make communities safer.

The service aim is to achieve positive outcomes for children using a child first approach, which advocates:

- **Putting children at the heart**
- Treating children as children and identifying their developmental needs and breaking down structural barriers.
- **Improving outcomes to prevent reoffending and keep children and communities safe**
- The delivery of therapeutic interventions with a trauma informed lens and guiding principles.
- **Using evidence based practice, whilst hearing the voices of children and victims and prioritising their wellbeing.**

There are three main key performance indicators which assess the impact for children and in the period 2024/25 the following was achieved in conjunction with the youth justice partnership:

## Reduce first time entrants to the system

The service has seen a 49% increase in children entering the formal court system, which although disappointing, was significantly impacted by the large-scale disorder in Hull in 2024. Had this not occurred, first time entrants would have seen a continuous decline. The service has a strong out of court offer, supported by a multitude of statutory and voluntary sector services and capacity has increased, the Diversion Panel discussing upwards of 600 children last year, offering diversionary activity from court.

## Reduce re-offending

Children reoffending has reduced by 2.4%. This remains a significant focus for the service as we work to identify children at risk of serious youth violence earlier and effectively support children to reduce the likelihood of harm, which in turn reduces the number of victims. 2024/25 data shows a reduction in the number of children committing serious youth violence offences.

## Reduce the use of custody

Children being incarcerated has reduced by 22%, which is a significant reduction and demonstrates the robust work in Hull. This figure is testament to the partnership work undertaken, as alternatives to remand and custody.

## Looking forward

In the coming year we will focus on children reoffending, with the introduction of a high harm reduction meeting and continued work through the Multi Agency Youth Violence and Exploitation meeting, to address serious youth violence and exploitation. A newly purposed role for the seconded Police Officer focuses on those children who are likely to commit serious crime and those already embroiled, working to divert them towards more positive outcomes.

The service has a newly developed and robust offer for victims, with a focus on victim safety and restorative interventions; doubling capacity and introducing a Victim and Restorative Lead. This work is embedding in the development of reparation activity across the city, which offers children the chance to repay for their behaviour, whilst engaging directly with victims and learning new skills in their communities.

A Forensic CAMHS Nurse will join the service in August, which provides the opportunity for earlier access to emotional and mental health support and promotes alignment between Forensic CAMHS, the seconded speech and language therapist and MIND counsellor. In the 2024/25 period 100% of children open to the service were screened for emotional and mental health, speech and language and substance misused needs.







**Hull's  
Early Help  
Partnership**

**To find out more  
about Early Help,  
please visit:**

[www.hull.gov.uk/family-support/early-help-information-professionals](http://www.hull.gov.uk/family-support/early-help-information-professionals)



**Hull**  
City Council